North Toronto Memorial Community Centre

Spring 2018 Relocation Details: Lawrence Heights Community Centre Address: 5 Replin Rd. North York, ON M6A 2M8 Telephone: 416-392-6591

All classes start the week of April 9, 2018.

Adult Drop-in

Program Name	Age	Day	Time	Room	Fee
Badminton	60 years +	Monday, Wednesday, Friday	1:00 – 3:00pm	Gym	FREE

Spring 2018

Relocation Details: Groove School of Dance

Address: 491 Eglinton Ave W, Suite 400 Toronto, ON M5N 1A8

Telephone: 416-395-6172

Registered Fitness

Program Name	Age	Day	Time	Room	Barcode	Fee
Yoga Older Adult	60 years +	Mon	9:30 – 11:00am	Studio B	3075812	\$63/10weeks
Yoga Older Adult	60 years +	Thurs	9:30 – 11:00am	Studio B	3075811	\$69/11weeks
Pilates Older Adult	60 years +	Thurs	11:15 – 12:15pm	Studio B	3075797	\$50/11weeks



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