

## Young Children

- **The Bare Naked Book \***  
*Kathy Stinson & Heather Collins, 2006*
- **It's So Amazing! A book about Eggs, Sperm, Birth, Babies, and Families \***  
*Robie H. Harris & Michael Emberley, 2014*
- **What Makes a Baby? A story for every kind of family and every kind of kid**  
*Cory Silverberg, 2013*
- **Mommy, Mama and Me / Daddy, Papa and Me**  
*Leslea Newman & Carol Thompson, 2009*
- **Do You Have a Secret?**  
*Jennifer Moore-Mallinos, 2005*
- **The Family Book \***  
*Todd Parr, 2010*
- **Jacob's New Dress \***  
*Sarah & Ian Hoffman, 2014*

# Resources

...for Raising Sexually Healthy Children!

## Older Children & Young Teens

- **It's Not the Stork: A Book About Girls, Boys, Babies, Bodies, Families and Friends \***  
*Robie H. Harris & Michael Emberley, 2008*
- **It's Perfectly Normal: Changing Bodies, Growing Up, Sex and Sexual Health \***  
*Robie H. Harris & Michael Emberley, 2014*
- **100% Me: The How, Why and When of Growing Up**  
*Elinor Greenwood & Alexander Cox, 2009*
- **Sex is a Funny Word\***  
*Cory Silverberg, 2015*

\* indicates book available at  
Toronto Public Library

## Parents & Caregivers

- [www.toronto.ca/health/sexualhealth](http://www.toronto.ca/health/sexualhealth) Toronto Public Health Sexual Health Program
- [www.sexualityandu.ca](http://www.sexualityandu.ca) Information website from the Society of Obstetricians and Gynecologists of Canada
- [www.teachingsexualhealth.ca](http://www.teachingsexualhealth.ca) Parent & teacher resources from Alberta Sexual Health
- [www.boostforkids.org](http://www.boostforkids.org) Parent & caregiver resources from Boost Child & Youth Advocacy Centre
- **More Speaking of SEX: What your Children Need to Know and When they Need to Know it \***  
*Meg Hickling, 2005*
- **Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children \***  
*Diane Ehrensaft, 2011*

PH1603SS718R