

North Toronto Memorial Community Centre

Fall 2018 Session Aquatic Programs

Drop-in Programs

Program Name	Day	Time	Location
Lane Swim	Monday, Wednesday & Friday	7:15-8:15am & 10:45am-12:45pm	Leaside Memorial Gardens Pool
Lane Swim	Tuesday & Thursday	11:15am-12:45pm	Leaside Memorial Gardens Pool
Lane Swim	Monday - Friday	8:00-10:00pm	Leaside Memorial Gardens Pool
Lane Swim	Thursday	8:00-9:00pm	Vaughan Road Collegiate Institute Pool
Lane Swim	Saturday	6:30-8:30pm	Vaughan Road Collegiate Institute Pool
Lane Swim	Saturday & Sunday	3:30-5:00pm	Leaside Memorial Gardens Pool
Leisure Swim – Female	Thursday	5:00-6:00pm	Vaughan Road Collegiate Institute Pool
Leisure Swim	Thursday	6:30-8:00pm	Vaughan Road Collegiate Institute Pool
Leisure Swim	Saturday	2:35-4:00pm	Bedford Park Community Centre Pool
Leisure Swim	Saturday	4:30-6:30pm	Vaughan Road Collegiate Institute Pool
Leisure Swim	Saturday & Sunday	2:00-3:25pm	Leaside Memorial Gardens Pool
Aquafit: Shallow & Deep	Monday – Friday	9:15-10:15am	Douglas Snow Aquatic Centre
Aquafit: Shallow & Deep	Monday, Wednesday & Friday	8:15-9:15am & 9:15-10:15am	Leaside Memorial Gardens Pool
Aquafit: Shallow	Tuesday & Thursday	9:00-10:00am	Leaside Memorial Gardens Pool
Leisure Swim	Friday	7:05-9:00pm	Douglas Snow Aquatic Centre
Parent & Tot Swim	Wednesday	10:30-11:30am	Douglas Snow Aquatic Centre
Parent & Tot Swim	Friday	2:00-3:00pm	Douglas Snow Aquatic Centre
Aquafit: Deep	Monday & Wednesday	2:15-3:15pm	Not Able To Relocate
Parent & Tot Swim	Tuesday & Thursday	10:00-11:00am	Not Able To Relocate
Width Swim	Monday, Wednesday	8:45-9:45am	Not Able To Relocate
Width Swim	Friday	8:45-10:45am	Not Able To Relocate

North Toronto Memorial Community Centre

Fall 2018 Session Aquatic Programs

Registered Programs

Program Name	Day	Time	Location
Aquafit: Shallow	Monday & Thursday	8:00-9:00pm	Bedford Park Community Centre Pool
Instructional Swim	Monday	5:30-9:00pm	Vaughan Road Collegiate Institute Pool
Instructional Swim	Monday & Thursday	5:00-8:00pm	Bedford Park Community Centre Pool
Instructional Swim	Tuesday	5:30-9:00pm	Vaughan Road Collegiate Institute Pool
Instructional Swim	Tuesday & Wednesday	5:00-9:00pm	Bedford Park Community Centre Pool
Instructional Swim	Wednesday	5:30-9:00pm	Vaughan Road Collegiate Institute Pool
Instructional Swim	Friday	5:30-9:00pm	Vaughan Road Collegiate Institute Pool
Instructional Swim	Saturday	9:00am-2:30pm	Bedford Park Community Centre Pool
Instructional Swim	Saturday	1:00-6:00pm	Northern Secondary School Pool
Instructional Swim	Saturday	9:00am-4:00pm	Vaughan Road Collegiate Institute Pool
Instructional Swim - Female	Sunday	10:00am-1:30pm	Vaughan Road Collegiate Institute Pool
Instructional Swim	Sunday	1:30-4:00pm	Vaughan Road Collegiate Institute Pool
Instructional Swim	Sunday	1:00-5:00pm	Northern Secondary School Pool