

North Toronto Memorial Community Centre

Fall 2018/Winter 2019 Session

Relocation Details: Barbara Frum Recreation Centre

Address: 20 Covington Rd, Toronto, ON M6A 3C1

Telephone: 416-395-6123

*All fall classes start the week of **Monday, October 1, 2018** and winter classes start **Monday, January 7, 2019**.

Drop-in Fitness

Program Name	Age	Day	Time	Room	Barcode
Body Sculpt	19 years +	Monday	6:00 – 7:00 pm	Multi-Purpose	Punch cards/Memberships only
Cardio Low Impact (Cancelled for Winter 2019)	19 years +	Tuesday	6:15 – 7:15 pm	Multi-Purpose	Punch cards/Memberships only
Body Sculpt (Cancelled for Winter 2019)	19 years +	Thursday	7:30 – 8:30 pm	Multi-Purpose	Punch cards/Memberships only

*Due to upcoming elections, some dates may be affected. Please call Barbara Frum Recreation Centre for updates at 416-395-6123.

Fitness Membership and Punch Card Information

Membership Type	10 Visits Punch Card	9 Weeks	12 Weeks	1 Year
Adult	\$87.00	\$146.50	\$195.50	\$541.50
Older Adult	\$43.50	\$73.25	\$97.75	\$270.75

Membership/punch cards can be purchased anytime at North York Civic Centre during regular business hours.



toronto.ca/northtorontomemorialcc

Call **3 1 1**