

# RISKS OF OVERDOSE IN WASHROOMS

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## Tips for increasing safety

### **1 Be aware of the overdose risks related to your site's washrooms**

- ✓ Private/single washrooms may result in people using alone, with nobody there to respond if they overdose
- ✓ Washroom stall doors that open inward may prevent a first aid responder from accessing a person who has fallen in a small space

### **2 Build regular washroom checks into staff rounds**

- ✓ Regularly check washrooms and stalls as part of your shift rounds
- ✓ Carry naloxone with you when you conduct washroom checks

### **3 Make sure service users are aware of overdose risks and safety measures**

- ✓ Ensure people know that using alone is a significant risk to their safety
- ✓ Share information about the closest overdose prevention site or supervised consumption service
- ✓ Tell people when and how often washrooms will be checked by staff

### **4 Be ready to respond to an overdose**

- ✓ Read your organization's overdose policy and procedure
- ✓ Be aware of when and how to use naloxone
- ✓ Know where naloxone is stored for first aid response