

Resources... for Raising Sexually Healthy Children

Young Children

- ***The Bare Naked Book****
Kathy Stinson and Heather Collins, 2006
- ***Mommy, Mama and Me/
Daddy, Papa and Me***
Leslea Newman and Carol Thompson, 2009
- ***What Makes a Baby? A Story for Every
Kind of Family and Every Kind of Kid****
Cory Silverberg, 2013
- ***It's Not the Stork: A Book About Girls, Boys,
Babies, Bodies, Families and Friends****
Robie H. Harris and Michael Emberley, 2008
- ***The Family Book****
Todd Parr, 2010
- ***Jacob's New Dress****
Sarah and Ian Hoffman, 2014
- ***The Uh-Oh Feeling: A Story about Touch****
Kathryn Cole, 2016

Older Children and Young Teens

- ***It's So Amazing! A Book about Eggs,
Sperm, Birth, Babies, and Families****
Robie H. Harris and Michael
Emberley, 2014
- ***Sex is a Funny Word****
Cory Silverberg, 2015
- ***100% Me: The How, Why and When
of Growing Up***
Elinor Greenwood and Alexander
Cox, 2009
- ***It's Perfectly Normal: Changing
Bodies, Growing Up, Sex and Sexual
Health****
Robie H. Harris and Michael
Emberley, 2014

* book available at Toronto Public Library

Parents and Caregivers

- **toronto.ca/health/sexualhealth** Toronto Public Health Sexual Health Program
- **boostforkids.org** Parent and caregiver resources from Boost Child and Youth Advocacy Centre
- **teachingsexualhealth.ca** Parent and teacher resources
- ***Talk Sex Today: What Kids Need to Know and How Adults Can Teach Them****
Saleema Noon and Meg Hickling, 2016
- ***Kids, Sex and Screens: Raising Strong, Resilient Children in the Sexualized
Digital Age**** Jillian Roberts, 2019

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