Mainly spreads from close contact with an infected person when they breathe, talk, cough or sneeze.

People are contagious when they are sick & 2 days before they show symptoms.

Respiratory droplets can land on surfaces. The virus can live for hours, but is not easily spread this way.

Smaller respiratory droplets, called aerosols, can linger in the air before falling to the ground.

Spreads easily when there are more people indoors, for a long period of time, with poor airflow.

**ACTION:** Stay 6 feet from others & wear a mask.

**ACTION:** Stay home & self-isolate if you are sick.

**ACTION:** Clean surfaces & hands often.

**ACTION:** Open windows. Increase airflow & ventilation.

**ACTION:** Avoid crowds, keep trips short & wear a mask.

TORONTO.CA/COVID19