SAFELY PUTTING ON & TAKING OFF A CLOTH MASK

If you chose to wear a cloth mask, be sure to use it safely:

**PUTTING ON**

- Wash your hands before
- Place mask on your face so it covers your mouth and nose (no gaping)
- Do not touch the mask or your face while using it
- Do not leave it on your neck, forehead or hanging from your ear

**TAKING OFF**

- Change your mask as soon as it gets damp or dirty
- Remove it without touching the side that faces outwards
- Put the mask directly into the washing machine or a plastic bag for cleaning
- Wash your hands and clean any surface the mask touched

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