1. A) Do you or anyone in your household have 1 or more of these new or worsening symptoms today or in the last 5 or 10 days*?

- Fever > 37.8°C and/or chills
- Cough
- Difficulty breathing
- Decrease or loss of taste/smell
- Sore throat
- Headache
- Feeling very tired
- Runny nose/nasal congestion
- Muscle aches/joint pain
- Nausea, vomiting or diarrhea

B) Do you or anyone in your household have 2 or more of these new or worsening symptoms today or in the last 5 or 10 days*?

- If the symptom is from a known health condition that gives you/them the symptom, select “No”.
- If the symptom is new, different or getting worse, select “Yes”.
- If there is mild tiredness, sore muscles or joints within 48 hours after a COVID-19 vaccine, select “No”.
- If longer than 48 hours, select “Yes”.
- Anyone who is sick or has any symptoms of illness, should stay home and seek assessment from their health care provider if needed.

If “YES”: Stay home & self-isolate. Your household including children, must self-isolate, regardless of vaccination status.

2. Have you or anyone in your household tested positive for COVID-19 today or in the last 5 or 10 days*(on a rapid antigen test or PCR test) or have been told to stay home and self-isolate?

If “YES”: Stay home & self-isolate.

3. In the last 10 days have you been notified as a close contact of someone with COVID-19, or received a COVID Alert notification?

- If the person does not live with you AND you are fully vaccinated** or public health has told you that you do not need to self-isolate, select “No”

If “YES”: Stay home & self-isolate.

4. In the last 14 days, have you travelled outside of Canada?

If “YES”: Follow federal quarantine travel rules.

*If you/the person is fully vaccinated or 11 years or younger use 5 days. If you/the person is 12 years or older AND not fully vaccinated or immune compromised, use 10 days.
**Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.
You have symptoms*** of COVID-19 or have tested positive

If You are:
• 12 years of age and older AND fully vaccinated, OR
• 11 years or younger, regardless of vaccination status

Stay home & Self-isolate:
• Must self-isolate for at least 5 days from the day symptoms started and until symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer
• Use test date if no symptoms

If You are:
• 12 years of age or older AND either partially vaccinated or unvaccinated, OR
• Immune compromised

Stay home & Self-isolate:
• Must self-isolate for 10 days from the day symptoms started, or longer if symptoms last longer than 10 days
• Use test date if no symptoms

Someone in your household has symptoms*** of COVID-19 or has tested positive

Stay home & Self-isolate:
• You must self-isolate for the duration of the household member’s isolation period

If the household member is:
• 12 years of age or older AND fully vaccinated, OR
• 11 years or younger, regardless of vaccination status

Stay home & Self-isolate:
• You must self-isolate for at least 5 days from the day the household member’s symptoms started and until their symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea)
• Use test date if no symptoms

If the household member is:
• 12 years of age or older AND is not fully vaccinated, OR
• Immune compromised

Stay home & Self-isolate:
• You must self-isolate for 10 days from the day the household member’s symptoms started

If You are:
• Fully vaccinated AND no symptoms,

Do not need to self-isolate
• Monitor for symptoms for 10 days
• Wear a mask, keep a physical distance and take precautions when leaving the home
• Do not visit a high risk setting or anyone who is at risk of getting very sick (e.g., senior, immunocompromised)
• Self-isolate right away if symptoms develop

If You are:
• 12 years and older AND partially vaccinated or unvaccinated OR
• Immune compromised

Stay home & Self-isolate:
• Must self-isolate for 10 days from your last exposure

If You are:
• 11 years and under AND partially vaccinated or unvaccinated

Stay home & Self-isolate:
• Must self-isolate for 5 days from your last exposure

You have been notified as a close contact of someone with COVID-19 outside of the household, or received a COVID Alert notification

Stay home & Self-isolate:
• Must self-isolate for 10 days from your last exposure

All household members, including yourself, must self-isolate for the duration of time that the person with symptoms/COVID-19 positive person is isolating.

If You/Your Household member’s symptoms are improving for 24 hours AND tests negative on a PCR test OR 2 rapid antigen tests taken 24 to 48 hours apart, self-isolation ends.

***Symptoms include 1 or more symptom from 1.A or 2 or more symptoms from 1.B on the screening tool
• If You have one symptom from 1.B, other household members do not have to self-isolate.
• This tool is consistent with provincial guidance: Coronavirus (COVID-19) self-assessment (ontario.ca), and COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge (gov.on.ca)

If you travelled outside of Canada in the last 14 days:
• You must follow federal requirements for quarantine and testing after returning from international travel.