STOP COVID-19  Please complete before entering the child care setting

Name: ___________________________ Date: ___________________ Time: ___________________

1. Does your child have any of the following new or worsening symptoms?*

   - Fever > 37.8°C
   - Cough
   - Difficulty breathing
   - Loss of taste or smell
   - Sore throat or pain swallowing
   - Stuffy or runny nose
   - Headache
   - Nausea, vomiting or diarrhea
   - Feeling unwell, muscle aches or tired

   If “YES” to any symptom: Stay home & self-isolate + Get tested Or Contact a health care provider

2. Is there a child or sibling in your household who has one or more of the above symptoms? □ Yes □ No

3. Has the child travelled outside of Canada in the past 14 days? □ Yes □ No

4. Has the child been notified as a close contact of someone with COVID-19? □ Yes □ No

5. Has the child been told to stay home and self-isolate? □ Yes □ No

   If “YES” to Questions 2, 3, 4 or 5: Stay home & self-isolate + Follow public health advice

*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child’s normal symptoms.

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MY CHILD HAS 1 OR MORE SYMPTOMS OF COVID-19. WHAT SHOULD I DO?

Was your child a close contact of someone who tested positive for COVID-19?

YES

- Everyone, including household members, should stay home & self-isolate. Get your child tested.
- If positive, notify your child's child care. Toronto Public Health will follow up with further instructions.
- If negative, the child still has to self-isolate until cleared by Toronto Public Health (close contacts need to isolate for 14 days). Household members can return to work/child care as long as they do not have symptoms.
- If your child is not tested, they need to self-isolate for 10 days. Household contacts will also need to stay home and self-isolate for 14 days.

NO

- Notify your child's child care that they have symptoms.
- Your child should stay home, self-isolate & get tested.
- The child's siblings will also need to stay home and self-isolate until the child's test is negative. If the child is not tested, siblings need to stay home and self-isolate for 10 days.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms.
- If the adult develops symptoms, they need to stay home, self-isolate & get tested.

What was the result of your child’s COVID-19 test?

POSITIVE

- Let your child’s child care know that they tested positive for COVID-19.
- Your child must stay home & self-isolate for 10 days from the day symptoms started.
- Household members & close contacts must also self-isolate for 14 days.
- Toronto Public Health will contact you to do an investigation & will provide further instructions.

NEGATIVE

- Your child may return to child care after it has been 24 hours since their symptoms started improving.
- Siblings can return to child care right away.

NOT TESTED

- Your child must stay home & self-isolate for 10 days from the day the symptoms started.
- After 10 days, they can go back to child care if their symptoms are improving.
- The child’s siblings will also need to stay home and self-isolate for 10 days.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms.
- If a health care provider has diagnosed a condition that isn’t related to COVID-19, your child can return to child care 24 hours after their symptoms improve. Their siblings are then not required to self-isolate for 10 days.

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Toronto Public Health