**HOW TO WEAR A CLOTH MASK**

✓ Do wash your hands before putting it on and taking it off

✓ Do make sure it fits comfortably over mouth and nose for easy breathing

✓ Do wash your cloth mask after each use in the laundry

✓ Do clean surfaces that a dirty mask touches

✘ Don’t touch your face or mask while using it

✘ Don’t use masks on children under 2 or those who can’t breathe with them on

✘ Don’t share your mask with others

✘ Don’t wear medical masks, keep them for health care workers

**You still need to:**

- Keep a 2m distance
- Wash hands often

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