HOW TO WEAR A CLOTH MASK

✓ Do wash your hands before putting it on and taking it off
✓ Do make sure it fits comfortably over mouth and nose for easy breathing
✓ Do wash your cloth mask after each use in the laundry
✓ Do clean surfaces that a dirty mask touches

✘ Don’t touch your face or mask while using it
✘ Don’t use masks on children under 2 or those who can’t breathe with them on
✘ Don’t share your mask with others
✘ Don’t wear medical masks, keep them for health care workers

You still need to:

Keep a 2m distance
Wash hands often

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