DO’S & DON’T’S OF WEARING A MASK

DO
- Keep clean masks in a bag labelled “clean”
- Clean your hands before putting on/taking off
- Cover your nose, mouth & chin
- Have it fit snugly, with no gaping
- Wear a mask that feels comfortable
- Change your mask when wet or dirty
- Put used masks in a bag labelled “dirty”
- Launder before wearing it again

DON’T
- Put masks on children under 2
- Wear a mask that is too loose
- Touch your mask & face
- Keep a wet or dirty mask on
- Leave it hanging from your ear
- Put it under your nose or chin
- Share your mask with others
- Forget to also keep 6 feet from others

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