



COVID-19

Sawirka Baaritaanka ee Dugsiga:

Magaca: _____

Taariikhda: _____

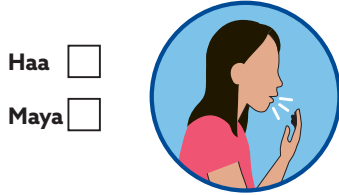
Waqtiga: _____

1. Ilmahaagu ma leeyahay mid ka mid ah kuwan soo socda astaamo cusub ama ka sii daraya?*



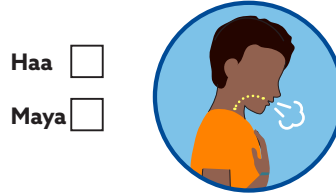
Haa
Maya

Qandho > 37.8 °C



Haa
Maya

Qufac



Haa
Maya

Neefsashada oo dhibta

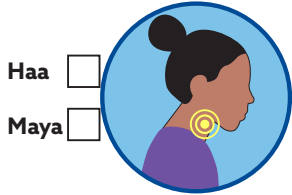


Haa
Maya

Urta ama dhadhanka oo luma

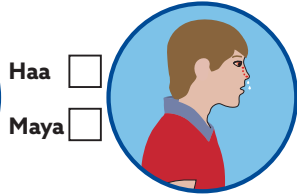
Haddii ay tahay "HAA": Gurigaaga joog, iskarantimee oo isbaar ama la xiriir daryeel-bixiyaha caafimaad ee ilmahaaga.

2. Ilmahaagu ma leeyahay mid ka mid ah astaamaha soo socda ama ka sii daraya?



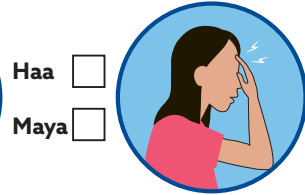
Haa
Maya

Cune xanuun, liqitaan xanuun badan



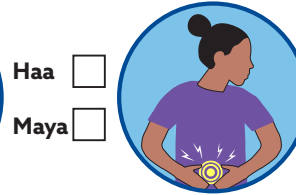
Haa
Maya

Cabudh/duuf



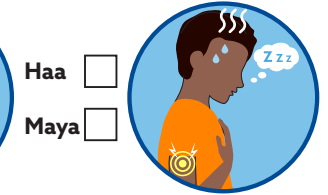
Haa
Maya

Madax-xanuun



Haa
Maya

lallabo, matag, shuban



Haa
Maya

Dareemid xanuun, murqo xanuun, dareemid daal

Haddii ay tahay "HAA" illaa 1 astaamood:

- Guriga joog 24 saacadood laga bilaabo markii ay calaamaddu bilaabantay.
- Haddii aad ku fiicnaato 24 saacadood, waxaad ku laaban kartaa dugsiga. Baaris looma baahna.
- Haddii aadan fiicnaan, ama aad ka sii darto, iskarantimee oo isbaar.

Haddii ay tahay "HAA" illaa 2 ama in ka badan oo astaamood:

- Guriga joog, iskarantimee oo isbaar ama la xiriir daryeel-bixiyaha caafimaad ee ilmahaaga.

3. Ilmahaagu ma wuxuu u safray meel ka baxsan Kanada 14kii maalmood ee la soo dhaafay?

Haa Maya

4. Ilmahaaga ma loo aqoonsaday inuu xiriir dhow la leeyahay qof qaba COVID-19?

Haa Maya

5. Ilmahaaga ma la faray inuu guriga joogo oo uu iskarantiilo?

Haa Maya

Haddii aad kaga jawaabto "HAA" su'aalaha 3, 4 ama 5:

- Ilmahaagu waa inuu guriga joogaa, iskarantimee oo uu raaca talooyinka caafimaadka bulshada

* Carruurta leh xaalad caafimaad oo sii-jirtay oo uu aqoonsaday daryeel-bixiyaha caafimaad kaas oo u sheegay iyaga astaamaha waa inaysan ku jawaabin HAA, ilaa astaamahu ay ka cusub yihiin, ka duwan yihiin ama ka sii darayaan. Raadi isbeddellada astaamaha caadiga ah ee ilmahaaga