



HEALTHY BABIES HEALTHY CHILDREN

HOME VISITING DURING COVID-19: WHAT TO EXPECT

SCREENING FOR COVID-19



Your public health nurse or family home visitor will:

- Conduct a self-assessment every day prior to any home visits to ensure they are feeling well and have no cough, fever or symptoms of respiratory illness.
- Contact you to cancel any home visits if they are not well.
- Conduct a telephone screening 24 hours prior to your home visit to ensure you and your family members are feeling well.
- Conduct a telephone or in person screening of you and your family members to ensure you are well before entering your home.

You and your family can also do your own self-assessments, see the [Ontario COVID-19 Self-Assessment](#) questionnaire on the Ministry of Health website.

DURING THE HOME VISIT

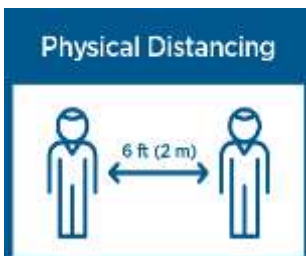


Masks

- Your nurse or family home visitor will wear a face mask at all times during the home visit.
- You and any family members present at the home visit will be required to wear a face mask at all times during the home visit.

If you do not have a mask, your nurse or family home visitor can provide you with one.

- Children under the age of 2 do not require a mask.



Physical Distancing

- Physical distancing means limiting close contact with others. The nurse/family home visitor, you, and any other family members present, should keep a distance of 2 meters (6 feet) from each other during the visit.
- You can help with physical distancing by:
 - ❖ Making sure any family members who will not be participating in the home visit are in another room.
 - ❖ Helping to ensure that only one service provider is present during the home visit, avoid booking appointments with other service providers at the same time.

Healthy Habits



Hand Washing:

- To prevent infections, it is important for everyone to maintain proper hand hygiene. This means washing hands frequently with soap and water and if unable to wash your hands, using a 70% alcohol hand sanitizer.
- Remember hand sanitizer only works if your hands are not visibly dirty.



Shoe Coverings (optional)

- To decrease the spread of germs, your nurse or family home visitor may wear shoe coverings during the entirety of the home visit.
- The shoe coverings will be disposed of at the end of the home visit.



Toys, Equipment and Other Items:

- For home visiting activities that require using toys or other items, the nurse or family home visitor will use items you have in the home if possible.
- If the nurse or family home visitor needs to bring items into your home, it will be properly disinfected prior to the home visit.
- Any items that are disposable will be used only once and discarded.

For more information on COVID-19, see the [City of Toronto COVID-19 website](#).