

## Follow up Instructions for School Students, Staff and Visitors Tested for COVID-19

### I went for COVID-19 testing. What's next?

- While waiting for your test result, stay home and [self-isolate](#). Do not go to school or work.
- Check your test results at [covid-19.ontario.ca](https://covid-19.ontario.ca) by clicking on "check your lab results." Results can take a few days.
- Your household members (siblings, parents, roommates) who do NOT have symptoms can go to school or work **while waiting for your test results** as long as you are not a close contact of someone who had COVID-19. If any of your household members are children/teens in school they should complete the [COVID-19 school screening](#) daily.

If I test <b>NEGATIVE</b> for COVID-19, when can I return to school?	Household members without symptoms
<p><b>I have symptoms but I have not been exposed to someone with COVID-19, and I have not travelled outside of Canada in the last 14 days:</b></p> <ul style="list-style-type: none"> <li>• Stay home and <a href="#">self-isolate</a>.</li> <li>• You may go back to school once your symptoms have been improving* for 24 hours.</li> <li>• Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school if they don't have other symptoms.</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Self-monitor</a> for symptoms.</li> <li>• Continue to attend school or work.</li> <li>• Children/teens who are in school should complete the <a href="#">COVID-19 school screening</a> daily.</li> </ul>
<p><b>I have symptoms and have been exposed to someone with COVID-19:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Self-isolate</a> for 14 days from the last day you were exposed to the positive case.</li> </ul>	
<p><b>I have symptoms after returning from travel outside of Canada in the last 14 days:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Self-isolate</a> for 14 days from the date of return to Canada.</li> <li>• After 14 days, you may go back to school or work.</li> </ul>	
<p><b>I don't have symptoms, but have been exposed to someone with COVID-19:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Self-isolate</a> for 14 days from day you were exposed to the positive case.</li> </ul>	

If I test <b>POSITIVE</b> for COVID-19, when can I return to school?	Household members without symptoms
<ul style="list-style-type: none"> <li>• Stay home and <a href="#">self-isolate</a> for 10 days* after your symptoms started.</li> <li>• If you do not have symptoms, stay at home for 10 days* from the date you were tested.</li> <li>• Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school after the 10 days* if they don't have other symptoms.</li> <li>• Call your school, letting them know you tested positive for COVID-19.</li> <li>• Toronto Public Health will contact you with further instructions.</li> </ul>	<ul style="list-style-type: none"> <li>• Self-isolate for 14 days from last time you were with the person who tested positive. Seek testing at an Assessment Centre as soon as possible.</li> </ul>

\* Self-isolate for 20 days if you were hospitalized and required ICU level care or have a severely weakened immune system (e.g. you are undergoing cancer chemotherapy).