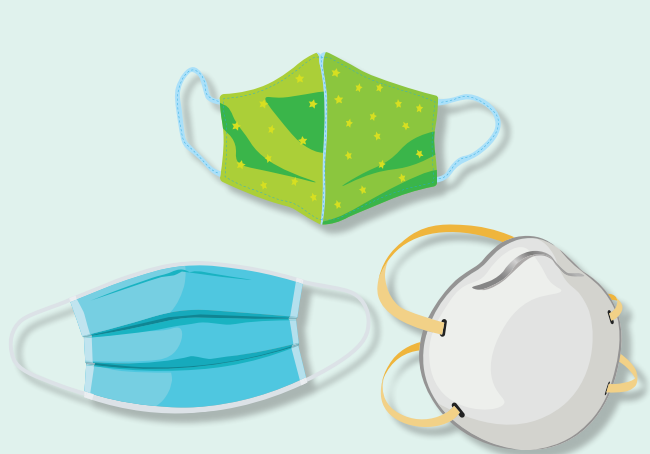


HOW TO WEAR A MASK AT SCHOOL/CHILD CARE



1 Choose a high quality mask
eg. 3+ layers of cloth,
medical mask, or respirator.

2 Clean your hands with soap
& water or hand sanitizer.

3 Make sure the mask fits over
your nose, mouth & chin and
is **comfortable**.



4 Remove your mask as soon as it
gets wet or dirty. Avoid touching
the outside of the mask.

5 Place the dirty cloth mask in a bag
and clean your hands again.
Put on a new, clean mask.

6 Do not leave the mask on your
neck or forehead. Cover your
nose. Do not share masks.