

HOW TO SELF-MONITOR IF SOMEONE TESTS POSITIVE FOR COVID-19



If someone at school tests positive for COVID-19, parents will be notified. Not all students will be at-risk for potential infection. If your child is not a close contact, they don't have to self-isolate. Monitor your child for symptoms for 14 days.

MONITOR YOUR CHILD FOR ANY NEW OR WORSENING SYMPTOMS:



Fever



Cough



Difficulty breathing

Other symptoms include:

- Loss of taste or smell
- Sore throat or painful swallowing
- Stuffy/runny nose
- Headache
- Nausea, vomiting or diarrhea
- Feeling unwell, muscle aches, feeling tired



ENCOURAGE EVERYONE IN YOUR HOUSEHOLD TO:

- Wear a mask in public spaces to protect others.
- Avoid crowded places.
- Limit contact with others with health issues or who are elderly.
- Keep a two metre distance from others.



IF YOUR CHILD DEVELOPS SYMPTOMS:

Self-isolate immediately, [get tested](#), and contact public health at 416-338-7600. See [instructions](#) on how to self-isolate.



When visiting your health care provider or going to an assessment centre, try not to use public transit. If you use a taxi or ride share, wear a mask, sit in the back seat and keep the windows open.