Clean and disinfect sleeping mats daily and between client use.

1. Gather cleaning and disinfection supplies.
2. Choose/prepate appropriate cleaning and disinfectant product(s) for where you are going to clean. Make sure you know how to safely use the product(s).
3. Clean hands and put on gloves.
4. If linens have been used, remove and place into a linen bag for dirty laundry.
   - Remove gloves, clean hands, and put on new gloves.
5. Clean the top and sides of the mat from the foot to the head using a cleaning product.
   - Make sure to clean the edges.
   - Turn the mat and clean the other side.
6. Repeat the above step using a disinfectant.
7. While cleaning, inspect the mat for:
   - Cracks or holes and replace as required.
   - Pests.
8. Allow mat to dry completely.
9. Throw out any used paper towels or cleaning/disinfecting wipes in the garbage.
   - If cleaning cloths were used, place them in a bag for dirty laundry.
10. Take off gloves and throw them into the garbage.
11. Clean hands.