# Section 1. Nutrition

Contact Person for Menu School/Community Agency Name

Email Address Phone Number \_\_\_\_\_\_

Complete a separate one-week menu for each student nutrition program type that you are applying for (e.g. If you are applying for two programs such as a morning meal and a lunch program, submit two separate menus with the application). Additional menu templates can be downloaded from www.toronto.ca/student-nutrition-program/

Program menus should comply with the Student Nutrition Program Nutrition Guideline.

**Program type (Select one):** O Breakfast O Morning Meal O Snack AM O Snack PM O Lunch/Dinner Lunch, Snack PM or Dinner applications that have not been previously funded within the last 3 years are NOT BEING ACCEPTED.

Food Safety & Nutrition Training: Do you have at least 1 person on site when the program is running who has completed this free training in O Yes O No the last 2 years?

## **Meal** (breakfast, morning meal, lunch/dinner)

## At least 3 servings:

- 1 serving from Vegetables & Fruit group and 1 serving from Milk & Alternatives group and
- 1 serving from Grain Products and/or Meat & Alternatives group

### Snack

## At least 2 servings:

- 1 serving from Vegetables & Fruit group and
- 1 serving from Milk & Alternatives and/or Grain Products and/or Meat & Alternatives

### Program menu:

Monday		Tuesday		Wednesday		Thursday		Friday	
Food	Serving size	Food	Serving size	Food	Serving size	Food	Serving size	Food	Serving size

