1.) Do you have any of the following new or worsening symptoms or signs?*

- Fever or chills
- Cough
- Trouble breathing
- Sore throat or trouble swallowing
- Runny or stuffy nose
- Decrease or loss of taste or smell
- Nausea, vomiting or diarrhea
- Pink eye
- Headache**
- Very tired, sore muscles or joints**

If “YES” to any symptoms:  
- Stay home & self-isolate
- Get tested
- Contact a health care provider

2.) Does anyone in your household have one or more of the above symptoms and/or are waiting for test results after experiencing symptoms?***

- Yes  No

3.) Have you travelled outside of Canada in the past 14 days?

- Yes  No

4.) Have you been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate?

- Yes  No

If “YES” to Questions 2, 3 or 4:  
- Stay home
- Follow Toronto Public Health advice

*Staff/visitors who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your normal symptoms.

**If the staff/visitor has a mild headache, tiredness, sore muscles or joints within 48 hours after getting a COVID-19 vaccine, they should select “No” and wear a medical mask when at child care/day camp/school. If symptoms last longer than 48 hours or worsen, they are to stay home, self-isolate and get tested.

***If the household member received a COVID-19 vaccination in the last 48 hours and is experiencing mild headache, fatigue, muscle aches and/or joint pain that only began after vaccination, select “No.”