

DAREEMIDDA CULAYS IYO JAHAWAREED WAA CADDI INTA LAGU GUDO JIRO COVID-19

Ku xirnaaw. Ciyaar ciyaar hufan, hubso in darisku ay yeeshaan shir fiidiyoow ah.



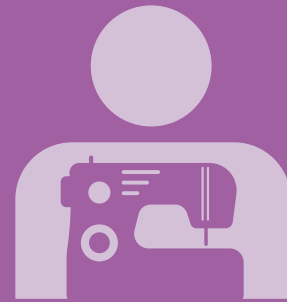
Noqoqoffirfircoon oo isilaali. Jimicso, si fiican wax u cun, seexo hurdo kugu filan.



Waqti qaado si aad ula telefoonkaugala xiriirto asxaabtaada, qoyskaaga iyo dadka ad jeceshay.



Baro wax cusub. Isku day balwad cusub ama koorso on-line ah qaado.



Caawi qof kale. Wanaag sameynta waxay ku darensiin kartaa wanaag.



Caawimaad u fidiso. La hadal qof aad ku kalsoon tahay ama raadso taageero xirfadeed.



SOMALI