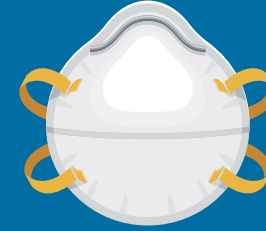


Choose a high quality mask that fits well

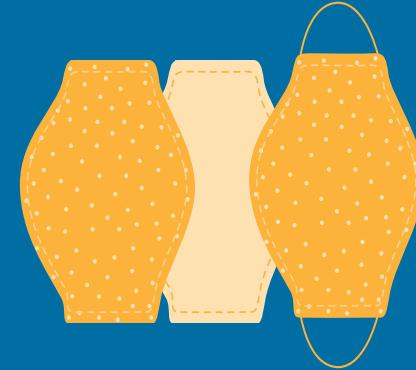
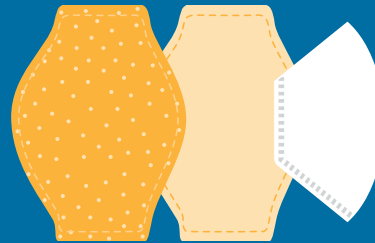


Snug fit, breathable
& comfortable

A medical mask or
respirator gives
better protection



Cloth masks should
have at least 3 layers
of tightly woven
fabric, or 2 layers
with a filter



Change it when it
gets wet or dirty

Strongly consider wearing a mask indoors, especially if crowded or poorly ventilated.