THE BEST MASK IS THE ONE THAT FITS WELL

Snug fit, breathable & comfortable

At least 2 layers of tightly woven fabric + a filter for better protection

Add a filter: cut paper towel, coffee filter or cloth filter fabric

2+ layers + a filter

Change it when it gets wet or dirty

Always wear a mask indoors, and outdoors if you can’t keep a physical distance.

TORONTO.CA/COVID19

TORONTO Public Health