

COVID-19 Vaccine: Building Trust and Confidence

**Ontario Correctional System
Employer and Union Leadership**

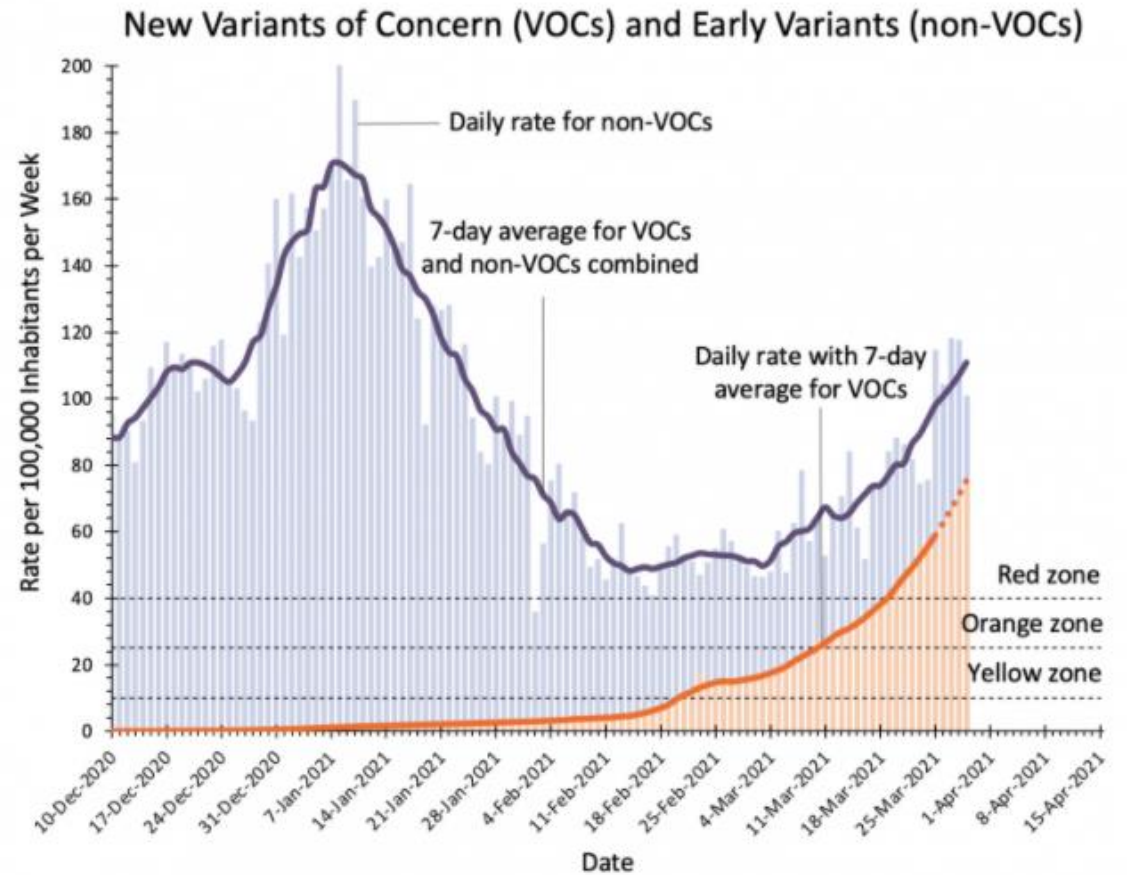
March 30, 2021

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Moderated by: Domenico Calla

Variants of Concern

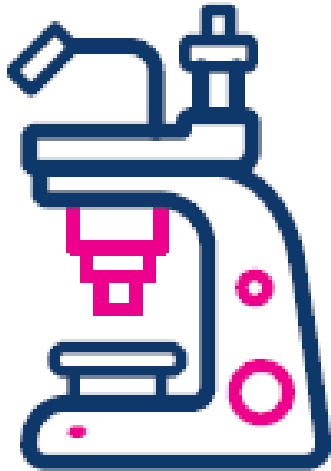
- The coronavirus continues to mutate & change
- Different variants are now in Ontario. They spread infection more easily and cause more serious disease
- Public health measures and vaccine work against variants



The daily rates of new variants of concern (VOCs) for the last 4 days are predicted.

Vaccines can help

**Vaccines used in
Canada are safe
and they work.**



**Vaccines help to
protect us from
serious illness**



ARE THE COVID-19 VACCINES SAFE?



All vaccines approved by Health Canada have met safety & quality standards



They have been tested in large trials to show they are safe & they work



Millions of doses of the vaccines have already been given around the world with good results



Most side effects are mild and go away after a few days

Getting vaccinated is a personal choice & is free

Vaccines are safe for most people

The vaccines are safe for most people including:



People with health conditions such as heart disease, asthma, diabetes, high blood pressure, or on blood thinners, with hepatitis B, C or HIV.

It is also **safe** for people with a weakened immune system or auto-immune disorder.

As of March 29, 2021:

- More than 559 million doses of COVID-19 vaccine have been given in 141 countries.
- 146 million doses have been administered in the US, using the same vaccines approved by Health Canada.
- Many more people have been vaccinated in real-world conditions compared to the clinical trials.

4 vaccines available in Canada



For 16-18 years
& older, including seniors



Real world effectiveness

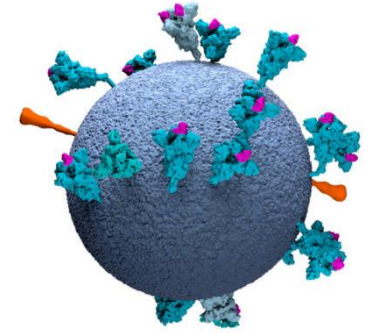


2 dose schedule, except for
Janssen

Name	Technology	Recommended for	Dose schedule	Availability
Pfizer BioNTech	mRNA	16 years +	2 doses	Available
Moderna	mRNA	18 years +	2 doses	Available
AstraZeneca/ COVISHIELD	viral vector	55 years +	2 doses	Available
Janssen	viral vector	18 years +	1 dose	Not yet available

How the COVID-19 vaccines work...

The COVID-19 vaccines works by telling our body to make “*spike proteins*”, a protein specifically found on the surface of the coronavirus. These proteins will stimulate our body to start making antibodies against COVID-19.



- Pfizer BioNTech and Moderna use mRNA technology.
 - mRNA research and technology has been around for over 10 years.
 - Breaks down and is removed from body in days
- AstraZeneca/COVISHIELD and Janssen use a viral vector.
 - A cold virus that is inactivated (adenovirus), has instructions to make the spike protein in it.

Any COVID-19 vaccine is a good vaccine

WHICH COVID-19 VACCINE IS BETTER FOR ME?



All the approved vaccines are safe and effective



All the vaccines will protect you from serious illness



Get vaccinated as soon as you are eligible



Vaccinating more people will reduce the spread of COVID-19

AstraZeneca/COVISHIELD vaccine

- Health Canada (HC) updated information to include rare reports of blood clots and low blood platelet counts following vaccination.
- Recommended for **people 55+**
- HC has a **robust monitoring system** for all vaccines. They are working with international regulators to review information about these rare events.
- **No reports of these rare events** have been reported **in Canada**.
- **Benefits** of vaccine continue to **outweigh potential risk**.
- Watch for any side effects following vaccination on days 4 to 16. Seek immediate medical attention if you develop:
 - Shortness of breath, chest pain, ongoing abdominal pain
 - Sudden onset/severe/worsening headaches, blurred vision, skin bruising or spots

How vaccines were developed so fast?

- Scientists & researchers around the world sharing data
- Building on existing research & technology
- Large scale funding allowed for multiple testing and large clinical trials
- Over 280 vaccine products were tested
- All vaccines approved by Health Canada still had to meet all safety, efficacy and quality standards

What is in the vaccines?

- The vaccines provide instructions for our body to make antibodies
- Vaccine ingredients include lipids, salts, sugars and buffers
- Vaccines do not have eggs, gelatin (pork), latex, preservatives, antibiotics, formaldehyde, thimerosal, or aluminum
- There is no COVID-19 virus in the vaccine, so they can't give us COVID-19 infection

What if I have allergies?

I HAVE ALLERGIES. CAN I GET A COVID-19 VACCINE?



Allergies towards the COVID-19 vaccines are rare



Speak with your health care provider if you have questions



The vaccines do not contain eggs, gelatin, preservatives, latex or antibiotics



The vaccines are safe if you have food, antibiotic or environmental allergies



If you have allergies to any vaccine ingredient do not get the vaccine

Allergies to look for

Pfizer-BioNTech & Moderna: **Polyethylene glycol**, also found in:

- laxatives or products for colonoscopy, cough syrup, ultrasound gel
- cosmetics, skin creams,
- shampoos, toothpastes, hair products, contact lenses & solutions,
- some fast foods, baked goods

Moderna vaccine: **Tromethamine**, also found in:

- contrast media for CT scans / MRI, some medications, skin creams

AstraZeneca/COVISHIELD & Janssen vaccines: **Polysorbate 80**, also found in:

- processed food, pickles, ice cream, whipped cream, gelatin, shortening, chewing gum,
- cosmetic, soaps, creams, body butter, bath gels, shampoo, mouthwash,
- eye drops, vitamin supplements, heart medication, contraceptives

WILL THE VACCINE MAKE ME SICK?



There is no COVID-19 virus in the vaccine that can make us sick



Most side-effects are mild & will go away after a few days



Severe allergic reactions are rare and are treated right away



Talk to your doctor if your symptoms don't go away after 3 days

Do I need the vaccine, if I already had COVID-19?

A: Yes. Based on the latest scientific evidence, natural immunity from COVID-19 may not last long. It is possible to get re-infected after a previous COVID-19 infection.

Learn more:
toronto.ca/COVID19





Speak with your health care provider, if you:

- are pregnant or breastfeeding
 - have an autoimmune disorder
 - have a weak immunity from illness or therapy
-
- Can still get the COVID-19 vaccine, but may have a reduced immune response.
 - May want to time medications with vaccination.
 - Over 15,000 people in the USA vaccinated during pregnancy are being monitored.

Phase 2 of vaccine rollout

Phase 2	Primary Priority			Secondary Priority	
	APR	MAY		JUN	JULY
Older Adults	Over 75				
		Over 70			
		Over 65			
		Over 60			
Health Conditions	Individuals with health conditions				
	Highest Risk & Caregivers	High Risk & Certain Caregivers	At Risk Health Conditions		
Congregate Settings	High Risk Congregate Living Settings				
Hot Spots	COVID-19 Hot Spot Communities				
	Highest Risk Communities		Remaining Hot Spot Communities		
Cannot-Work-From-Home			Essential Workers who cannot work from home		
			Group 1	Group 2	

Ways to get vaccinated

City clinics <https://covid-19.ontario.ca/book-vaccine/>
Or call: 1-888-999-6488
(TTY 1-866-797-0007)

Hospital clinics www.vaccineto.ca
Or call: 1-888-385-1910

Visit <https://covid-19.ontario.ca/book-vaccine/> to find a **pharmacy**
Or call your local pharmacy / website

Red & white or no health card?
Register using telephone #



Mass Immunization Clinics



Hospitals / Ontario Health Team Immunization Clinics



Pharmacies and Primary Care Providers



Mobile Teams

Interactive map available online:
toronto.ca/covid19vaccinemap

Second dose extended, but still necessary

WHY IS THE 2ND VACCINE DOSE EXTENDED TO 4 MONTHS?



Data shows the first dose provides strong protection



Extending the 2nd dose allows us to vaccinate more people



Vaccinating more people will reduce the spread of COVID-19



Vaccines can provide protection against COVID-19 variants

toronto.ca/COVID19

Protection is 80% after 1 dose of mRNA vaccine and 90% after the 2nd dose.

Community Immunity

WHAT IS HERD IMMUNITY?



Herd immunity protects our community from infection when many people are vaccinated.



It is another way to protect others by reducing COVID-19 spread.



It also protects people who can't get vaccinated like newborn babies.



Until we have herd immunity, we need to wear our mask & keep a distance from people we don't live with.

How you can help....

- Get vaccinated when it is offered
- Share your experience with others
- Be positive
- Listen to their concerns
- Know where to get information, if you are not sure of the answers
- Be respectful, even if a colleague or friend refuses vaccination
- Maintain trust so they can approach you again if they have more questions later

Responding to questions

- When responding to questions or concerns:
 - Share personal stories
 - Emphasize the facts
 - Balance information on risk and benefits
 - Focus on burden of illness or disease
- If someone refuses vaccine, it does not mean they will refuse all future vaccines.
- Maintain rapport with the person to leave the door open.

DON'T PLAY

THE TELEPHONE GAME

STOP THE SPREAD OF COVID-19 MISINFORMATION





They got their COVID-19 vaccines. Now, in their own languages, they want to tell you how it felt — and why it matters



Ron McLester **Oneida / English**
VP, Truth and Reconciliation at Algonquin College



Onion Ubaldo **Tagalog**
Doctor



Hang Ying Wong **Cantonese**
LTC resident



Kwasi Adu-Basowah **English**
Registered Nurse



Joe Savikataaq **English**
Premier of Nunavut



Vivek Govardhanam **Tamil**
Doctor



Shahid Husain **Urdu**
Infectious Diseases Doctor



Priya Shah **Gujarati**
Doctor

Public Health Measures

Vaccines are **one** of many tools we have to fight the COVID-19 pandemic. It will take time before we have enough vaccine to get everyone vaccinated.



For now, we still need to wear a mask, keep our distance and wash our hands frequently.

More Than A Disease



Be part of something greater.
Your shot protects others too!



Protected together.

Questions?



Toronto Public Health COVID-19 Hotline

Have questions?

Call Toronto Public Health

416-338-7600

8:30 am to 8:00 pm

Interpreter service is available in many languages.

TTY 416-392-0658

More information about COVID-19 & vaccines:

toronto.ca/covid19

Vaccine ingredients

Pfizer-BioNTech	Moderna	AstraZeneca / COVISHIELD	Janssen
<ul style="list-style-type: none"> ▪ active ingredient: mRNA 	<ul style="list-style-type: none"> ▪ active ingredient: mRNA 	<ul style="list-style-type: none"> ▪ active ingredient: ChAdOx1-S recombinant 	<ul style="list-style-type: none"> ▪ active ingredient: Ad26.COVS.2.S recombinant
<ul style="list-style-type: none"> ▪ lipids, cholesterol ▪ polyethylene glycol [PEG-2000] 	<ul style="list-style-type: none"> ▪ lipids, cholesterol ▪ polyethylene glycol [PEG-2000] 	<ul style="list-style-type: none"> ▪ amino acid: L-Histidine, L-Histidine hydrochloride monohydrate ▪ emulsifier: polysorbate 80 	<ul style="list-style-type: none"> ▪ emulsifier: 2-hydroxypropyl-β-cyclodextrin, polysorbate-80
<ul style="list-style-type: none"> ▪ salts: potassium chloride, monobasic potassium phosphate, sodium chloride, dibasic sodium phosphate dehydrate ▪ sugars: sucrose 	<ul style="list-style-type: none"> ▪ salts: acetic acid, sodium acetate, ▪ sugars: sucrose ▪ buffers: tromethamin, tromethamin hydrochloride 	<ul style="list-style-type: none"> ▪ salts: sodium chloride, disodium edetate dihydrate (EDTA), magnesium chloride hexahydrate ▪ sugars: sucrose ▪ alcohol: ethanol 	<ul style="list-style-type: none"> ▪ buffers: citric acid monohydrate, hydrochloric acid, sodium hydroxide, trisodium citrate dehydrate ▪ salts: sodium chloride ▪ alcohol: ethanol

VACCINES OFFER PROTECTION AGAINST NEW VARIANTS



Vaccines have been used successfully in countries with variants



Vaccines can provide protection even when viruses change



Protection offered by vaccines is important as variants can spread more easily



Booster doses may be used in the future for specific variants

Mass immunization clinic locations



- North Toronto Memorial Community Centre (200 Eglinton Avenue West)
- Mitchell Field Community Centre (89 Church Avenue)
- The Hangar (75 Carl Hall Road)
- Metro Toronto Convention Centre (255 Front Street West)
- Scarborough Town Centre (300 Borough Drive)
- Carmine Stefano Community Centre (3100 Weston Road)
- Toronto Congress Centre (650 Dixon Road)
- Malvern Community Recreation Centre (30 Sewells Road)
- Cloverdale Mall (250 The East Mall)

Interactive map available online:
toronto.ca/covid19vaccinemap