

KADID MARKA AAD YEELATO COVID-19

Jooji Is-takoorista haddii aad:



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Is-takoortay 10 maalomood kadib markii ayaa calaamaduhu bilaabmeen, ama taariikhdii is-tijaabinta haddii aanad wax calaamado ah lahayn.

Aadan lahayn xummad oo ay calaamaduhu soo roonaanayeen ugu 24 saacadood.

Ku-noqoshada shaqada:



Uma baahnid is-tijaabin kale. Is-tijaabin togan ama qoraal dhakhtar LOOMA baahna.



Ku siiwad raacitaanka talada caafimaadka - kala-fogaanshaha dhawr, xiro maaskaro, oo dhaq gacmahaaga. Tallaalkaaga qaado marka aad heli jarto.