



COVID-19 Screening

For staff/visitors/adult learners at child care & school settings

Updated Sept. 2, 2021

Name: _____ Date: _____ Time: _____

1. Do you have any of the following new or worsening symptoms?*



Fever and/or chills

Yes No



Cough

Yes No



Trouble breathing

Yes No



Decrease or loss of taste or smell

Yes No



Tired, sore muscles or joints

Yes No

* If you have a health condition diagnosed by a health care provider that gives you the symptom, select "No". If the symptom is new, different or getting worse, select "Yes".

If "YES" to any symptom:



Stay home & self-isolate



Get tested

Or



Contact a health care provider

2. Does anyone in your household have one or more of the above symptoms and/or are waiting for test results after experiencing symptoms?

Yes

* If you are fully vaccinated* or have tested positive for COVID-19 in the last 90 days and been cleared, select "No".

No

3. Have you been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate?

Yes

* If you are fully vaccinated* or have tested positive for COVID-19 in the last 90 days and been cleared or public health has told you that you do not have to self-isolate, select "No".

No

4. In the last 10 days, have you tested positive on a rapid antigen test or a home-based self-testing kit?

Yes

* If you have since tested negative on a lab-based PCR test, select "No".

No

5. In the last 14 days, have you travelled outside of Canada AND been advised to quarantine per the [federal quarantine requirements](#)?

Yes

No

If "YES" to questions 2,3,4 or 5:



Stay home & self-isolate



Follow public health advice



* Fully vaccinated means 14 days or more after getting a second dose of a two dose COVID-19 vaccine series or one dose of a single dose series.

**Anyone who is sick or has any symptoms of illness should stay home and seek assessment from their health care provider if needed.



I HAVE SYMPTOMS OF COVID-19, WHAT SHOULD I DO?



STAY HOME, SELF-ISOLATE & GET TESTED.

Notify the child care/school/work that you have symptoms.

WHAT WAS THE RESULT OF YOUR COVID-19 TEST?

POSITIVE

- Let the child care/school/work know that you tested positive.
- You must stay home & self-isolate for 10 days from the day your symptoms started. You can return on day 11 even if someone else at home develops symptoms.
- Household members and close contacts who are not fully vaccinated* or have not tested positive for COVID-19 in the last 90 days and been cleared must self-isolate for at least 10 days.
- Toronto Public Health or your local health unit will contact you to do an investigation & will provide further instructions.

NEGATIVE

Are you a close contact of someone who tested positive for COVID-19 in the last 10 days?

- No** You may return 24 hours after your symptoms have started improving.
- Yes** **If you are not fully vaccinated*:** you need to self-isolate for 10 days from last exposure to the person who was positive.
- Yes** **If you are fully vaccinated*:** you may return 24 hours after your symptoms have started improving.
- Yes** **If you have tested positive for COVID-19 in the last 90 days and been cleared:** you may return 24 hours after your symptoms have started improving.
- Yes** **If you only received an exposure notification through the COVID Alert app:** you may return 24 hours after your symptoms have started improving.
- Adults and children in the home who attend a child care/school setting can return right away as long as there are no other household members with symptoms.

NOT TESTED

- You must stay home & self-isolate for 10 days from the day your symptoms started. On day 11, you can return if your symptoms have been improving.
- Everyone in the household who is not fully vaccinated* or has not tested positive for COVID-19 in the last 90 days and been cleared, must self-isolate until the person with symptoms gets a negative COVID-19 test or 10 days have passed.
- If a health care provider has diagnosed a condition that isn't related to COVID-19, you can return 24 hours after your symptoms improve.



I have travelled outside of Canada in the last 14 days, what should I do?

- You must follow federal guidelines for quarantine and testing after returning from international travel.
- If you are exempted from federal quarantine as per [Group Exemptions, Quarantine Requirements under the Quarantine Act](#), you do not need to isolate.
- [Follow federal requirements for travellers.](#)



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