COVID-19 Screening for children/students/adults
Please complete before entering the child care/JK-12 school setting. A parent/guardian can complete for their child.

Name: __________________________ Date: __________________________ Time: __________________________

1. A) Do you or anyone in the household have 1 or more of these new or worsening symptoms, today, or in the last 5 or 10 days*?

- Fever > 37.8°C and/or chills
- Cough
- Difficulty breathing
- Decrease or loss of taste/smell

B) Do you or anyone in the household have 2 or more of these new or worsening symptoms today, or in the last 5 or 10 days*?

- Sore throat
- Headache
- Feeling very tired
- Runny nose/nasal congestion
- Muscle aches/joint pain
- Nausea/vomiting/diarrhea

• If the symptom is from a known health condition that gives you the symptom, select “No”. If the symptom is new, different or getting worse, select “Yes”.
• If there is mild tiredness, sore muscles or joints within 48 hours after a vaccine, select “No”.
• Anyone who is sick or has any symptoms of illness, should stay home. Seek assessment from their health provider if needed.

If “YES”: Stay home & self-isolate. Your household must self-isolate®

*You or household members do not need to self-isolate if no symptoms and not had a positive test and either: had a confirmed COVID-19 infection within 90 days***; OR are 18 + and boosted****; OR are 17 years or younger and fully vaccinated**.

If you have one symptom from Part B, stay home until symptoms improve for at least 24 hours or 48 hours if nausea/vomiting/diarrhea.

2. Have you or anyone in the household had a positive COVID-19 test in the last 5 or 10 days*, or been told to stay home and self-isolate?

• If you had a positive test or live with someone who is isolating or awaiting test results select “Yes”

If “YES”: Stay home & self-isolate.*

*You or household members do not need to self-isolate if no symptoms and not had a positive test and either: had a confirmed COVID-19 infection within 90 days***; OR are 18 + and boosted****; OR are 17 years or younger and fully vaccinated**.

3. In the last 14 days, have you travelled outside of Canada?

If “YES”: Follow federal quarantine travel rules including required measures for quarantine exempt travellers.

*Use 5 days: If the person is fully vaccinated or 11 years or younger. Use 10 days: If they are 12 years or older and not fully vaccinated; or immune compromised; or at a high risk congregate setting

**Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.

***Confirmed COVID-19 infection within 90 days means: if tested positive within 90 days on a Rapid Antigen, or a PCR test AND completed self-isolation. Then, do not need to self-isolate if someone in the home has symptoms.

****Boosted means received a booster dose 3 months or more after a primary vaccine series.

TORONTO.CA/COVID19
**HOW LONG SHOULD YOU SELF-ISOLATE FOR?**

**You have symptoms\(^+\) of COVID-19 or tested positive**

**If:**
- Fully vaccinated\(^++\), OR
- 11 years or younger, regardless of vaccination status

**Stay home & Self-isolate:**
- Must self-isolate for at least 5 days from the day symptoms started and until symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer
- Use test date if no symptoms
- From day 6 to 10: wear a mask in public places, including while exercising, and do not visit people or settings at higher risk for illness\(^++\)

**If:**
- 12 years of age or older AND not fully vaccinated\(^++\) OR
- Immune compromised OR
- At a high risk conjugate setting

**Stay home & Self-isolate:**
- Must self-isolate for 10 days from the day their symptoms started, or longer if symptoms last longer than 10 days
- Use test date if no symptoms
- For 20 days: Individuals who are immunocompromised must wear a mask in all public settings and not visit people or settings at higher risk\(^++\)

**You were notified as a close contact of a COVID-19 positive case**

**If:**
- No symptoms

**Do not need to self-isolate**
- Monitor for symptoms for 10 days from last contact and self-isolate immediately if symptoms develop
- For 10 days from last exposure: wear a mask in public places, including while exercising and do not visit people or settings at higher risk for illness\(^++\)
- If exempt from masking (e.g. under the age of 2 yrs) may return to public settings without masking\(^++\)

**Note:**
A close contact is having contact with someone who has symptoms or tests positive for COVID-19 if:
- the contact occurred from 48 hours before symptoms, or while symptoms were present (or positive test result) AND
- was within two meters AND
- spent at least 15 minutes of time with them AND/OR multiple shorter lengths of time

The Province of Ontario has stated that attending school/childcare with someone who is symptomatic/positive for COVID-19 may not always be considered close contact. All cases in the school/child care settings are encouraged to notify their close contacts directly if they have significant one-on-one interactions, without wearing a well-fitted, high-quality mask. Contacts should follow instructions above.

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**Someone in the household has symptoms\(^+\) of COVID-19 or a positive test**

**If you:**
- Had a confirmed COVID-19 infection within 90 days\(^+++\), OR
- Are 18+ and boosted\(^+++\), OR
- Are 17 years or younger and fully vaccinated\(^++\)

**You do not need to self-isolate**
- For 10 days wear a mask in public places, including while exercising and do not visit people or settings at higher risk for illness\(^++\)

**If you don't meet the above criteria - see below**
- If you are immunocompromised you must self-isolate for 10 days
- For all others - You must self-isolate for the duration of the household member’s isolation period (see below)

**If the household member is:**
- Fully vaccinated\(^++\), OR
- 11 years or younger, regardless of vaccination status

**Stay home & Self-isolate:**
- You must self-isolate for at least 5 days from the day the household member’s symptoms started and until their symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea)
- Use test date if no symptoms
- From day 6 to 10: wear a mask in public places, including while exercising, and do not visit people or settings at higher risk for illness\(^++\)

**If the household member is:**
- 12 years of age or older AND not fully vaccinated\(^++\), OR
- Immune compromised

**Stay home & Self-isolate:**
- You must self-isolate for 10 days from the day symptoms started, or longer if symptoms last longer than 10 days. Use test date if no symptoms

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**If you travelled outside of Canada in the last 14 days:**
- Follow federal requirements for quarantine and testing after returning from international travel.
- Fully vaccinated travellers may be exempt from quarantine. Unvaccinated or partially vaccinated children under the age of 11 travelling with a fully vaccinated adult may be exempt from quarantine but are still required to wear a mask at all times when in public spaces (unless if under 2 years of age), including schools/childcare. Stay home if symptoms develop.

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\(\star\)Symptoms include 1 or more symptom from 1.A or 2 or more symptoms from 1.B on the screening tool
- If you have one symptom from 1.B, other household members do not have to self-isolate.
- If you have one symptom from 1.B AND were a close contact, then self-isolate consistent with a COVID-19 infection.
- If you/your household member’s symptoms are improving for 24 hours AND the person with symptoms never had a positive test AND tests negative on a PCR test OR 2 rapid antigen tests taken 24 to 48 hours apart, self-isolation ends.
- When the person who is symptomatic/COVID-19 positive completes their self-isolation, they do not need to self-isolate again if other household members become ill.
- Clearance testing is not required. A positive test requires completion of the isolation period even if symptoms are improving.
- For counting isolation days: the day symptoms start (or test date if no symptoms) is Day 0.

++Continue to wear a well-fitted mask in all public settings (including schools/childcare unless under 2 years of age). Avoid activities where you need to remove a mask with reasonable exceptions such as when eating (e.g., when eating in shared space at school/work and maintaining as much distancing as possible). If exempt from masking (e.g. under the age of 2 yrs) may return to public settings without masking. Do not visit people or settings at higher risk including where there are seniors or those who are immunocompromised.

**How to Check:**
- Use the Province of Ontario’s COVID-19 Screening Tool to determine whether you need to self-isolate.
- Follow instructions above.