1. A) Do you or anyone in the household have 1 or more of these new or worsening symptoms, today, or in the last 5 or 10 days*?

- Fever > 37.8°C and/or chills
- Cough
- Difficulty breathing
- Decrease or loss of taste/smell

B) Do you or anyone in the household have 2 or more of these new or worsening symptoms today, or in the last 5 or 10 days*?

- Sore throat
- Headache
- Feeling very tired
- Runny nose/nasal congestion
- Muscle aches/joint pain
- Nausea/vomiting/diarrhea

- If the symptom is from a known health condition that gives you the symptom, select “No”. If the symptom is new, different or getting worse, select “Yes”.
- If there is mild tiredness, sore muscles or joints within 48 hours after a vaccine, select “No”.
- Anyone who is sick or has any symptoms of illness, should stay home. Seek assessment from their health provider if needed.

If “YES”: Stay home & self-isolate. Your household must self-isolate***

If you have one symptom from Part B, stay home until symptoms improve for at least 24 hours or 48 hours if nausea/vomiting/diarrhea.

2. Have you or anyone in the household had a positive COVID-19 test in the last 5 or 10 days*, or been told to stay home and self-isolate?

- If you had a positive test or live with someone who is isolating or awaiting test results select “Yes”
- If you had a confirmed COVID-19 infection within 90 days*** select “No”

If “YES”: Stay home & self-isolate.

3. In the last 5 or 10 days* have you been notified as a close contact of someone with COVID-19 in the community?

- If the person is not a household member AND you are fully vaccinated** OR had a confirmed COVID-19 infection within 90 days*** select “No”
- If the person was in the same classroom/school/child care cohort select “No”.

If “YES”: Stay home & self-isolate.

4. In the last 14 days, have you travelled outside of Canada?

If “YES”: Follow federal quarantine travel rules.

*Use 5 days: If the person is fully vaccinated or 11 years or younger. Use 10 days: If they are 12 years or older and not fully vaccinated; or immune compromised.
**Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.
***Confirmed COVID-19 infection within 90 days means: if tested positive within 90 days on a Rapid Antigen, or a PCR test AND completed self-isolation. Then, do not need to self-isolate if someone in the home has symptoms.
HOW LONG SHOULD YOU SELF-ISOLATE FOR?

You have symptoms+ of COVID-19 or tested positive

If:
• Fully vaccinated**, OR
• 11 years or younger, regardless of vaccination status

Stay home & Self-isolate:
• Must self-isolate for at least 5 days from the day symptoms started and until symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer
• Use test date if no symptoms
• Wear a mask in public places, including while exercising, and do not visit higher risk settings from days 6 to 10.

If:
• 12 years of age or older AND not fully vaccinated**, OR
• Immune compromised

Stay home & Self-isolate:
• Must self-isolate for 10 days from the day their symptoms started, or longer if symptoms last longer than 10 days
• Use test date if no symptoms

If the household member is:
• You must self-isolate for the duration of the household member’s isolation period

You were notified as a close contact of a positive case in the community

If:
• Fully vaccinated** AND no symptoms,
Do not need to self-isolate
• Monitor for symptoms for 10 days and self-isolate immediately if symptoms develop
• Wear a mask in public places, including while exercising, and do not visit higher risk settings for 10 days from last exposure.

If:
• 12+ years AND not fully vaccinated** OR
• Immune compromised

Stay home & Self-isolate:
• Must self-isolate for 10 days from last exposure unless you had a confirmed COVID-19 infection within 90 days***.

If:
• 11 years and under AND not fully vaccinated**

Stay home & Self-isolate:
• Must self-isolate for 5 days from last exposure unless you had a confirmed COVID-19 infection within 90 days***.
• Wear a mask in public places, including while exercising, and do not visit higher risk settings from days 6 to 10.

+Symptoms include 1 or more symptom from 1.A or 2 or more symptoms from 1.B on the screening tool
• If you have one symptom from 1.B, other household members do not have to self-isolate.
• If you have one symptom from 1.B AND were a close contact of someone in the community, then self-isolate consistent with a COVID-19 infection.
• If you/your household member’s symptoms are improving for 24 hours AND the person with symptoms never had a positive test AND tests negative on a PCR test OR 2 rapid antigen tests taken 24 to 48 hours apart, self-isolation ends.
• When the person with symptoms completes their self-isolation, they do not need to self-isolate again if other household members become ill.
• Clearance testing is not required. A positive test requires completion of the isolation period even if symptoms are improving.
• For counting isolation days: the day symptoms start (or test date if no symptoms) is Day 0.
• Being in the same classroom/school/child care cohort is not considered a close contact because preventive and protective measures are in place.

If you travelled outside of Canada in the last 14 days:
• Follow federal requirements for quarantine and testing after returning from international travel.

This tool is consistent with provincial guidance: COVID-19 School and Childcare Screening and COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge (gov.on.ca)