

# Let's choose to reduce single-use items

## Say "no thanks"

Only accept single-use items like utensils, napkins, condiments and straws if you need them, whether in store or online.



## Plan ahead

Bring your own bags, cups and containers to pick up takeout, and ask restaurants if they have reusable containers that you can borrow or rent.



## Bring your own

Use reusable bags and travel mugs.



Bring food storage containers when dining out in case you have leftovers, and ask for a reusable cup or dish when dining in.