



COVID-19 Baaritaanka COVID-19 ee carruurta/ardayda

Fadlan dhammaystir kahor intaadan gelin xannaanada carruurta/goobta dugsiga JK-12.

La cusboonaysiiyay Sibtambar 1, 2021

1. Ilmaha/ardaygu miyuu leeyahay mid ka mid ah calaamadaha soo socda oo cusub ama ka sii daraya?***



Xumad $>37.8^{\circ}\text{C}$ iyo /ama qarqaryo



Qufac



Neef qabatin



Dhadhanka ama urta oo yaraata ama la waayo



Lalabo, matag ama shuban

• Haddii cunugga/ardaygu qabo xaalad caafimaad oo uu baartay bixiyaha daryeelka caafimaadka oo siiya calaamadda, dooro "Maya." Haddii calaamaddu ay cusub tahay, ka duwan tahay ama ka sii darayso, dooro "Haa."

Haddii ay tahay "Haa" calaamad kasta:



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Isbaadh

Ama



La xiriir adeeg-bixiyaha daryeel caafimaad

2. Ma jiraa qof qoyskaaga ka mid ah oo leh hal ama dhowr astaamood oo ah COVID-19 iyo/ ama sugaya natiijooyinka baaritaanka ka dib markay yeeshaan astaamo?

Haa

Maya

• Haddii ilmaha/ardayga si buuxda loo tallaalo* ama laga helay COVID-19 90-kii maalmood ee la soo dhaafay oo la fasaxay, dooro "Maya."

3. 10-kii maalmood ee la soo dhaafay, canuga/ardayga miyaa baadhitaan lagaga helay cudurka ama baaritaanka rapid antigen ama xirmada is-baaridda ee guriga ku saleysan?

Haa

Maya

• Haddii lagaga waayay cudurka baaritaanka PCR-ku-saleysan, dooro "Maya."

4. Miyaa la ogaaday in ardayga/ilmuhu uu xidhiidh dhow la yeeshay qof qaba COVID-19 ama loo sheegay inuu joogo guriga ama iskarantiilo?

Haa

Maya

• Haddii ilmaha/ardayga si buuxda loo tallaalo* ama laga helay COVID-19 90-kii maalmood ee la soo dhaafay oo la fasaxay ama caafimaadka dadweynuhu sheegeen ilmaha/ardaygu inaanay ahayn inuu iskarantiilo, dooro "Maya."

5. 14 -kii maalmood ee la soo dhaafay, canuga/ardaygu miyuu u safray meel ka baxsan Kanada MISE lagula taliyay in la karantiiliyo iyadoo la raacayo [shuruudaha karantiilnimada federaalka?](#)

Haa

Maya

Haddii ay atahay "Haa" su'aalaha 2, 3, 4 ama 5:



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Raac talada caafimaadka dadweynaha



* Si buuxda u tallaalan macnaheedu waxa weeyi 14 maalmood ama kabadan kadib qaadashada tallaanka qaybta labaad ama ha qayb oo tallaalka halka mar ah.

**Qof kasta oo jirran ama leh astaamaha jiradu waa inuu joogaa guriga ama raadsadaa qiimayn uga timaad adeeg caafimaad bixiyahaado haddii loo baahdo.