Common ways to collect for a COVID-19 PCR test

**ORAL-NASAL PCR TEST**

The swab goes into the front of the nose & sometimes in the mouth as well. It may be a more comfortable test for children. If you have a take home test kit, follow the instructions.

**SALIVA PCR TEST**

Person spits into a tube or container. It may be easier to collect for some children. If you have a take home test kit, follow the instructions.

**NASOPHARYNGEAL PCR TEST**

The swab goes to the back of the nose. It is taken by a healthcare provider.

Please contact the assessment centre for the availability & eligibility criteria of each test.

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