



WAYS TO PROTECT OUR HEALTH IN FAITH-BASED SETTINGS



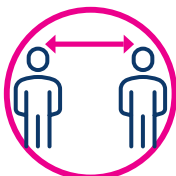
Text ‘**VACCINE**’ to **1-833-750-0888** for information about vaccines, how to get vaccinated and telephone town halls.

Get vaccinated!



Even after you are vaccinated, wear a mask inside public spaces and outdoors when physical distancing is difficult.

Wear a mask



Stay 2 metres apart from others who don't live with you. Greet others with a smile, a wave or a nod, to keep everyone safe.

Physical distance



Wash hands often with soap and water or use hand sanitizer. Avoid touching your face with unwashed hands.

Wash your hands



If you have any symptoms, stay home, self-isolate and get tested for COVID-19 with a PCR test. Follow public health advice.

**Self-screen for
COVID-19**



Attend services virtually until you have completed your self-isolation. If you test positive for COVID-19, public health will be in touch to identify your close contacts.

Stay home if sick
