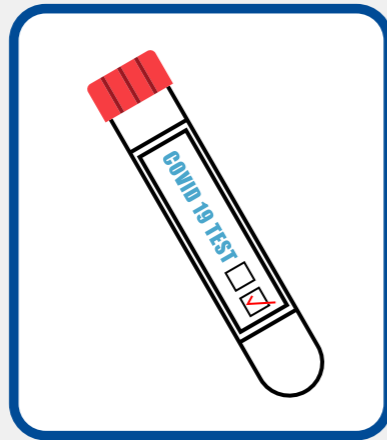


How to self-isolate during COVID-19

for travel reasons, close contact with someone who has COVID-19, or if you have virus symptoms



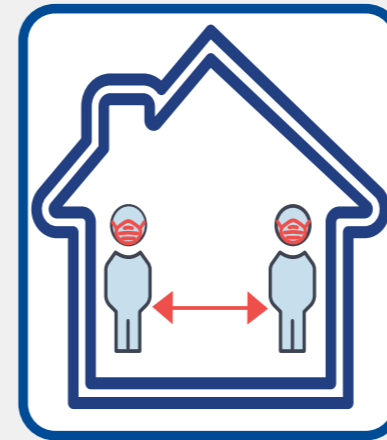
Stay home:
Don't go to work, school or other public places.



Only leave your home to get a COVID-19 test or for emergency care.



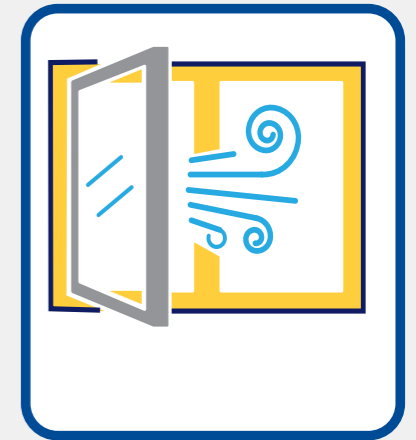
Stay in a separate room from others in your household as much as possible.



Wear a mask & keep a 2 metre distance from others at home.



Clean surfaces often & after use.



Open the window to increase airflow.