Benefits of the Moderna Spikevax mRNA Vaccine
for People Age 30 and over

Get vaccinated as soon as you are eligible so you can boost your immune system and increase your protection against Omicron. Moderna is a very safe and effective vaccine.

Vaccines protect against variants, including Omicron:

- Vaccines (at least two doses and booster) provide strong protection.
- Getting all three doses, especially your third, is the best way to prevent severe COVID-19 infection, hospitalization and death.

The best vaccine is the one you can get today:

- The Moderna and Pfizer vaccines are both mRNA vaccines that work in the same way and are interchangeable.
- It is safe and effective to get either mRNA vaccine, regardless of which vaccine you got for your previous doses.
- Many people have already received both Pfizer and Moderna vaccines.
- You can still travel if you mix COVID-19 vaccines.

Moderna vaccine can provide better protection than the Pfizer vaccine:

- Moderna will be the first product offered to people aged 30 and over.
- Both the Moderna and Pfizer vaccines provide excellent protection against severe COVID-19 infection.
- A number of studies have shown that Moderna can provide better protection than the Pfizer, especially for older adults and people who have a weak immune system.

Research shows that Moderna offered better protection against:

- COVID-19 Infection
- Symptomatic COVID-19 infection
- Hospitalizations
- ICU admission
- COVID-19 infection for people with weakened immune systems

A study\(^1\) of U.S. veterans 18 and older found that people who got Moderna had lower risk of getting COVID-19, having symptoms if they were infected, being hospitalized, and being admitted to the ICU, compared with people who got Pfizer.

Data for U.S. vaccinated adults between April – November 2021\(^2\) shows that Moderna is consistently more protective against COVID-19 infection and death compared with Pfizer.

A study\(^3\) of individuals with illnesses that reduce the effectiveness of their immune system found that Moderna was more effective at preventing COVID-19 compared with Pfizer. This was true for people who had certain kinds of cancer, organ transplants, and stem cell transplants.

Still have questions? Talk to your doctor about the COVID-19 vaccine.

---

2. CDC covid data tracker - https://covid.data-tracking.surge.sh/#rates-by-vaccine-status
3. Embi et al., 2021 - https://www.cdc.gov/mmwr/volumes/70/wr/mm7044e3.htm#T3_down