

Do you have any of these **MPOX SYMPTOMS?**

Do you have any of the following symptoms?



Fever



Headache



Muscle aches



Runny nose



Backache



**Swollen
lymph nodes**



Chills



**Feeling
extremely tired**



Rash or blisters
(examples: face, mouth, palms
of hands, feet, genitals & bum)

If yes, isolate & contact a health care provider.

Have you been in contact with a person who has MPOX?

Monitor yourself for symptoms for 21 days.

If no symptoms appear, continue with normal activities.

Learn more on how to protect yourself and others at [Toronto.ca/mpox](https://toronto.ca/mpox)