Do you have any of these MPOX SYMPTOMS?

Do you have any of the following symptoms?

- Fever
- Headache
- Muscle aches
- Runny nose
- Backache
- Swollen lymph nodes
- Chills
- Feeling extremely tired
- Rash or blisters (examples: face, mouth, palms of hands, feet, genitals & bum)

If yes, isolate & contact a health care provider.

Have you been in contact with a person who has MPOX?
Monitor yourself for symptoms for 21 days.
If no symptoms appear, continue with normal activities.

Learn more on how to protect yourself and others at Toronto.ca/mpox

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