

Hand Hygiene & Respiratory Etiquette Promotion Action Planner

Curriculum, Teaching & Learning	School & Classroom Leadership	Student Engagement	Social & Physical Environments	Home, School & Community Partnerships
<p>Refer to Toronto Public Health Clean Hands Kit resource package for grades 4-6.</p> <p>Refer to OPHEAs curriculum supports for hand hygiene instruction in class – including the Early Learning Resource for JK/SK- The Body and Hygiene-Germs.</p> <p>Bug Out! Get the Facts on Germs: For Kindergarten to grade 3 [Activity Booklet] (FR) [Facilitator Booklet] (FR) grades 4-6 [Activity Booklet] (FR) [Facilitator Booklet] (FR) grades 7-8 [Activity Booklet] [Facilitator Booklet] (FR)</p> <p>Glo-Germ (French also available here) – Hand washing lesson plans (K – grade 6)</p>	<p>Train student leaders to provide interactive presentation to all grades on demonstrating proper hand washing, hand sanitizing and respiratory etiquette techniques.</p> <p>Toronto Public Health School staff to review information. Toronto Public Health's Novel Coronavirus (Covid-19) webpage.</p> <p>COVID-19 Guidance: Elementary & Secondary Schools – City of Toronto.</p> <p>Informative Videos: Watch the City of Toronto's Lather, Rinse, Defeat Germs (4 minutes, 35 seconds).</p> <p>Government of Canada Hand-washing heroes (French) for Grades JK – 3 (47 seconds).</p>	<p>Encourage schools to recruit student/staff champions/ role-models who lead efforts throughout year to engage students/staff to, recognize/celebrate efforts in preventing infections, and help with monitoring hand hygiene efforts.</p> <p>Have student champions develop/read PA announcements promoting the prevention of infection through hand hygiene, respiratory etiquette, mask friendly behaviour, keeping immunizations up to date, screening for symptoms, and staying home when sick.</p> <p>Ideas for discussion with students:</p> <ul style="list-style-type: none"> Where have you seen hand sanitizer available in public places? 	<p>Post Toronto Public Health Hand Washing, Cover Your Cough and Hand Sanitizing posters throughout the school. (<i>available in multiple languages</i>)</p> <p>Post Toronto Public Health's Hand Washing posters above each sink throughout the school. (<i>available in multiple languages</i>)</p> <p>Provide opportunities for frequent hand washing throughout the school day (e.g. after recess or gym class, before eating lunch or snacks).</p> <p>Provide hand washing supplies/equipment in school washrooms (i.e. liquid soap, paper towels, functioning hand dryers, etc.).</p> <p>Post TPHs Cover Your Cough and Hand Sanitizer posters (FR) in class rooms</p>	<p>Connect students and family to community supports and additional resources: Toronto Public Health's Novel Coronavirus (Covid-19) webpage and COVID-19: School Information for Parents & Caregivers website.</p> <p>Bug Out! Get the Facts on Germs [Family Booklet] (FR) – An activity booklet is also available for families to work through at home. Consider inviting your school council to purchase additional hand sanitizers, tissues, and/or Glo Germ (FR) resources for classrooms.</p> <p>Include newsletter inserts for parents/caregivers with hand hygiene and respiratory etiquette messages.</p> <p>Encourage positive role modelling for good hand</p>

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<p>Refer to Ottawa Public Health's Chain of Infection poster. (French)</p>	<p>Government of Canada Reduce the spread of COVID-19: Hygiene for kids (French) for grades JK – 3 (31 seconds).</p> <p>York Region Public Health video: Hand Hygiene: Gerty the Germ Gets Washed Away! (3 minutes, 3 seconds).</p> <p>Saskatchewan Health Authority's Get Smart Kids – How to wash your hands (5 minutes, 13 seconds).</p>	<ul style="list-style-type: none"> When should hands be cleaned? What things have the students touched that can result in the spread of germs? Why should a person cover their mouth and nose with a tissue or sleeve when they need to cough or sneeze? <p>Encourage students to inform school staff if hand washing or hand sanitizing supplies/equipment are not available in the washrooms.</p>	<p>and in common areas throughout your school.</p> <p>Review list of disinfectants. (FR)</p> <p>Provide a bottle of alcohol-based (70% alcohol or higher) hand sanitizer in each classroom.</p> <p>Provide a box of tissues in each classroom.</p> <p>Provide bottles of hand sanitizer (70% alcohol or higher) in the lunch room or cafeteria.</p> <p>Continue to promote regular infection and illness control procedures (i.e. hand washing Clean Your Hands (FR), respiratory etiquette). Cover Your Cough (FR)</p> <p>Refer to school board Health and Safety managers for specific guidance related to implementing policies and procedures.</p>	<p>hygiene practices and respiratory etiquette by teachers, school staff and parents/caregivers.</p> <p>Promote additional messaging to the school community on preventing infections which include</p> <ul style="list-style-type: none"> Staying home when sick Screening for COVID-19 Keeping all immunizations up to date.

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			<p>For COVID-19 guidance refer to the Toronto Public Health COVID-19 Guidance for Elementary and Secondary schools Guidance document (FR) and the Toronto Public Health COVID-19 Guidance: Elementary & Secondary Schools web page.</p>	