# Differences between MPOX, Chickenpox, & Hand, Foot & Mouth Disease

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<th>MPOX</th>
<th>Chickenpox</th>
<th>Hand, Foot &amp; Mouth Disease</th>
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| **What are the symptoms?** | • Fever (1-5 days before rash)  
• Headache  
• Muscle/back aches  
• Swollen lymph nodes  
• Tiredness  
• Rash | • Fever  
• Rash  
• Tiredness  
• Loss of appetite  
• Headache | • Fever  
• Loss of appetite  
• Feeling unwell  
• Sore throat  
• Headache  
• Small painful mouth sores  
• Rash |
| **What does the rash look like?** | Usually begins as flat red spots (that can look like pimples or heat rash), which turn into blisters and then form a crust. | Small red spots turn into blisters that form a crust. Usually starts on the chest, back and face then other parts of body | Small red spots or blisters often starting in the mouth then hands and feet. |
| **When do symptoms start?** | 5-21 days after exposure (usually 6-13 days) | 10-21 days after exposure | 3-5 days after exposure |
| **How long do symptoms last?** | 14-28 days | 4-7 days | 7-10 days |
| **When does it spread?** | Usually once rash develops, until blisters have crusted over and fallen off with a fresh layer of skin. | 1 to 2 days before the rash develops, until crusting of all blisters. | For duration of illness and up to several weeks after it started. |