

# Diaper Change Routine



1. Collect the required supplies, keeping items within arm's reach during the diaper change.



2. Perform hand hygiene. Put on a pair of single-use gloves.



3. Clean the child's diaper area.



4. Discard soiled diaper, wipes and other used items in designated diaper bin (unless child is using cloth diapers). Remove and discard soiled gloves in garbage.



5. Perform hand hygiene. Diaper and dress the child.



6. Help the child perform hand hygiene. Return the child to the supervised area.



7. Perform hand hygiene. Put on a new pair of disposable gloves. Clean and disinfect the diaper changing surface.



8. Remove and discard gloves and perform hand hygiene.

## Note

If using diaper cream or ointment, hand hygiene must be performed before and after application. The following methods may be practiced:

Method 1: Dispense ointment onto a tissue and apply. Discard materials and perform hand hygiene.

Method 2: Put on one new single-use glove (second glove optional) and apply directly with gloved finger. Remove and discard soiled glove. Perform hand hygiene.