

# Blood and Body Fluid Spills

Always apply routine practices! Assume all blood and body fluids are potentially infectious. When cleaning up blood or body fluids, PPE must be worn.

1. Immediately isolate the area around the spill.
2. Assemble required cleaning and disinfecting supplies and materials prior to putting on personal protective equipment (PPE).
3. Put on gloves. If there is a risk of splashing or spraying, put on gown, mask and eye protection.
4. Inspect the area around the spill for splash and splatter.
5. If broken glass or other sharp objects are present, use a brush and dust pan to pick them up.
6. Using disposable paper towels, clean up spill and discard into a plastic lined garbage container with a tight fitting lid.
7. Using soap, water and friction, clean the entire contaminated surface. Be sure to clean all blood and body fluids from surface prior to disinfection.
8. Rinse area with clean water. After rinsing, dry area with disposable paper towel prior to applying disinfectant.
9. Disinfect the area following manufacturer's instructions for disinfectant. Ensure contact time is achieved.
10. Remove PPE and dispose in a lined garbage container with a tight fitting lid. Refer to Public Health Ontario How to Remove Personal Protective Equipment.
11. Perform hand hygiene.

## Notes

If spill occurs on carpet, follow steps 1-10, then shampoo/steam clean carpet.