

Glove Use

Gloves must be worn when diapering or toileting, and when hands will be in contact with mucous membranes, broken skin, blood, body fluids, or contaminated surfaces or objects.

Remember, disposable gloves should be used with the idea of one pair for one task. Never clean or re-use disposable gloves.

Wearing gloves does not replace the need for hand hygiene! Hand hygiene must be performed before putting on gloves and after removing gloves.



Putting on gloves

1. Choose gloves that fit well.
2. Perform hand hygiene.
3. Pull the glove over your fingers and make sure that it covers your wrist.
4. Repeat this with the second glove on the other hand.



Removing Single-Use Gloves



1. Grasp the outside of one glove near the wrist. Peel away from palm towards the fingers, rolling the glove inside out. The removed glove will end up in the opposite gloved hand.
2. Using your ungloved hand, slide your index finger under the wristband of the gloved hand.
3. Pull the glove outwards and down towards the fingers, rolling the glove inside out. Avoid touching the outside of the glove, as this is the contaminated region.
4. With this technique, the first glove that was removed should end up inside of the second glove. Dispose of both gloves immediately and safely in the appropriate container.
5. Perform hand hygiene.

