



1 in **4**

**Children may
have a problem
with their vision**

**Help your child to succeed at school
and schedule a free comprehensive
eye exam with an optometrist.**

Visit [optom.on.ca](https://www.optom.on.ca) to find one near you.

- Identifying and treating vision problems in children early will give them the best start for learning.
- Optometrists recommend that every young child completes an eye exam at 6 months of age, 2-3 years of age and yearly for children 4 years and older.
- Yearly eye exams are covered by an Ontario Health Card for children and youth under the age of 20.
- Children may not know they have a vision problem. They assume that everyone sees the way they do.
- Children in JK can get a free pair of glasses through the Eye See, Eye Learn Program. Visit [optom.on.ca/esel](https://www.optom.on.ca/esel) to find a participating optometrist near you.

For more information visit [toronto.ca](https://www.toronto.ca) or call Toronto Health Connection 416-338-7600.