

Advanced Aquatic Certifications

The chart below details the progression of courses and potential pathways that will qualify a swimmer to advance their certifications. Pathways could lead to certification as an Advanced Instructor, an Examiner, and/or a Trainer of the particular stream(s) of their choosing. These courses require prerequisites to participate. Apprenticeships are offered through the Lifesaving Society.

Examiner Course

First Aid Instructor

Must be minimum 16 years old and have Standard First Aid with CPR-C from the Lifesaving Society.

Swim and Lifesaving Instructor (Swim, Lifesaving, and Emergency First Aid) Must be minimum 15 years old and have held Bronze Cross. National Lifeguard Instructor
Must have National Lifeguard
(Pool or Waterfront) and
Lifesaving Instructor.

Must hold current
Instructor certification for
the stream they are
seeking Examiner
certification (Swim and
Lifesaving or First Aid
or National Lifeguard) and
must have taught or
co-taught a minimum of
one course in that stream.

Examiner
Apprenticeship
Successful
co-examinations
will result in
Examiner status.

Trainer Course
Must be an
experienced
Examiner (Bronze,
First Aid or National
Lifeguard) or be an
experienced Swim
Instructor having
taught 100 hours of
Learn to Swim or
Swim for Life.

Trainer
Apprenticeship
A successful
apprenticeship
will result in
Trainer status.