Become a Lifeguard with the City of Toronto

The chart below details the progression of courses and potential pathways that will qualify a swimmer to work as a lifeguard for the City of Toronto. Prerequisite will qualify a swimmer for the course whether certifications are current or expired. Candidates must be a minimum of 16 years old to work as a lifeguard.

Bronze Medallion

Must be minimum 13 years old or have Bronze Star. **Bronze Cross** Must have held Bronze Medallion and Emergency First Aid with CPR-B or Standard First Aid with CPR-C.

Standard First Aid with CPR-C Requirement to

become a lifeguard and a requirement of all City of Toronto Aquatic jobs.

National Lifeguard - Pool Must be minimum 15 years old, have held Bronze Cross and Standard First Aid with CPR-C.

National Lifeguard – Waterfront

Must be minimum 15 years old, have held Bronze Cross and Standard First Aid with CPR-C.

National Lifeguard – Waterfront Core Must have held National Lifeguard – Pool.