

# Differences between MPOX, Chickenpox, & Hand, Foot & Mouth Disease

	MPOX	Chickenpox	Hand, Foot & Mouth Disease
<b>What are the symptoms?</b>	<ul style="list-style-type: none"> <li>• Fever (1-5 days before rash)</li> <li>• Headache</li> <li>• Muscle/back aches</li> <li>• Swollen lymph nodes</li> <li>• Tiredness</li> <li>• Rash</li> </ul>	<ul style="list-style-type: none"> <li>• Fever</li> <li>• Rash</li> <li>• Tiredness</li> <li>• Loss of appetite</li> <li>• Headache</li> </ul>	<ul style="list-style-type: none"> <li>• Fever</li> <li>• Loss of appetite</li> <li>• Feeling unwell</li> <li>• Sore throat</li> <li>• Headache</li> <li>• Small painful mouth sores</li> <li>• Rash</li> </ul>
<b>What does the rash look like?</b>	Usually begins as flat red spots (that can look like pimples or heat rash), which turn into blisters and then form a crust.	Small red spots turn into blisters that form a crust. Usually starts on the chest, back and face then other parts of body	Small red spots or blisters often starting in the mouth then hands and feet.
<b>When do symptoms start?</b>	5-21 days after exposure (usually 6-13 days)	10-21 days after exposure	3-5 days after exposure
<b>How long do symptoms last?</b>	14-28 days	4-7 days	7-10 days
<b>When does it spread?</b>	Usually once rash develops, until blisters have crusted over and fallen off with a fresh layer of skin.	1 to 2 days before the rash develops, until crusting of all blisters.	For duration of illness and up to several weeks after it started.