

TRAVELING FOR MARCH BREAK? STAY UP-TO-DATE WITH YOUR MEASLES VACCINES BEFORE YOU GO



2 doses of the MMR vaccine is recommended for anyone born in 1970 or later.



Children get their 1st dose after they turn 1 & 2nd dose at 4-6 years old.



Infants 6-11 months of age can be vaccinated early if travelling to certain areas.



Adults born before 1970 who are unsure if they had measles or were vaccinated can get an MMR dose.