

# Supporting Young People Through Incarceration & Reintegration

**Hosted by:**

*The City of Toronto  
with Nikki Knows Consulting*







# ***Definitions & Walkthrough of Correctional Systems***

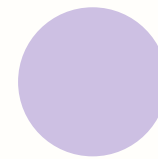


# Definitions & Walkthrough



## **YOUTH (PROVINCIAL)** **AGE 12-17**

- Secure and open custody facilities
- Extrajudicial Measures (EJM) or Sanctions (EJS)
- *Ministry of Children, Community and Social Services (MCCSS)*



## **ADULT (PROVINCIAL)** **AGE 18+**

- Remand, and sentenced to less than 2 years
- Max/med security facilities
- Drug and Gladue Courts for Diversion
- *Ministry of the Solicitor General (SOLGEN)*



## **ADULT (FEDERAL)** **AGE 18+**

- Sentenced to 2 years or more, in custody
- Max, med, min security facilities
- Federal halfway houses
- *Correctional Services Canada (CSC)*





# ***Conditions of Confinement (Pre-Release)***





# Conditions of Confinement



## *What is it like to be incarcerated?*

- No internet, limited phone time
- Limited access to programs
- Minimal access to fresh air
- Can be locked up in a cell for up to 23 hours per day
- Can be overcrowded in a cell
- Frequent lockdowns

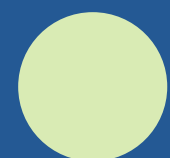


*\*Adult provincial facility*





# ***Access to Young People Who are Incarcerated (Pre-Release)***







# Access (*Pre-Release*)

## Adult (Provincial)

**Geographics:** only 2 adult provincial facilities in Toronto - Toronto East Detention Centre (TEDC) and Toronto South Detention Centre (TSDC); several others in GTHA

**Obtaining Access:** contact program or volunteer coordinator at the given *provincial* facility

**Screening Process:** background check, orientation training

### Volunteer Information - Provincial



## Adult (Federal)

**Geographics:** there are no adult federal facilities in Toronto/GTHA; most are situated in or around Kingston, ON

**Obtaining Access:** contact program or volunteer coordinator at the given federal facility

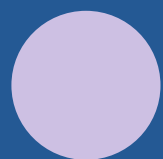
**Screening Process:** background check, fingerprints, credit check, *\*if you have a record they may want to interview you*

### Volunteer Information - Federal



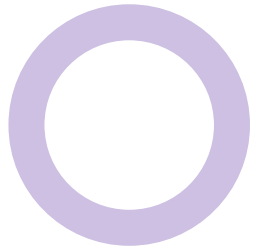


# ***How to Work With Young People (Pre-Release)***





# ***Working with Young People (Pre-Release)***



## **Immediate Needs**

### **Support with:**

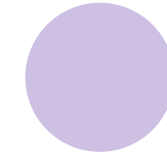
- Accessing a lawyer
- Securing release on bail
- Bail plan coordination
- Contacting loved ones
- Contacting employer
- Contacting education institutions, if enrolled as a student at time of arrest
- Securing home, valuables, pets, personal property

## **Longer-Term Needs**

### **Support with:**

- Accessing education
- Accessing employment prep
- Securing employment for release
- Securing housing for release
- Accessing mental health services
- Trauma-informed, family supports
- Securing release on parole
- Pre-release or discharge plan coordination

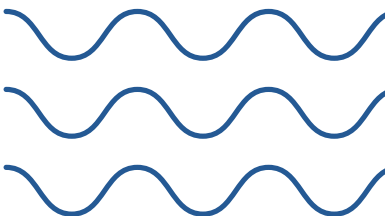




## Incarceration Scenarios

**Scenario 1:** Your client gets arrested. What do you do? How do you continue supporting and working with them?

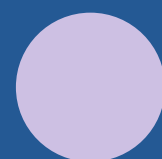
**Scenario 2:** Your client is preparing for a parole hearing. They need assistance – including with securing employment, and coordinating supports in the community – BEFORE their release, to facilitate their parole application. How do you support them?



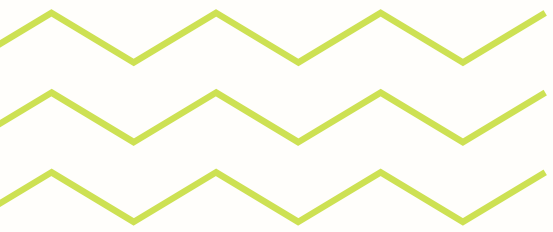




# ***Ways That Young People Can Be Released***







# ***Ways of Release (Post-Incarceration)***

## **Bail**

Court ordered form of community supervision; releases young person from custody.

## **Probation**

Court ordered form of community supervision; probation order issued at time of sentencing.

## **Sentenced / Time Served**

Court decides on form of sentencing, if a young person is convicted/found guilty of an offence.

## **Parole / Statutory Release**

Form of conditional release from custody, granted by the respective parole board.

**Court Release**

**Institutional Release**

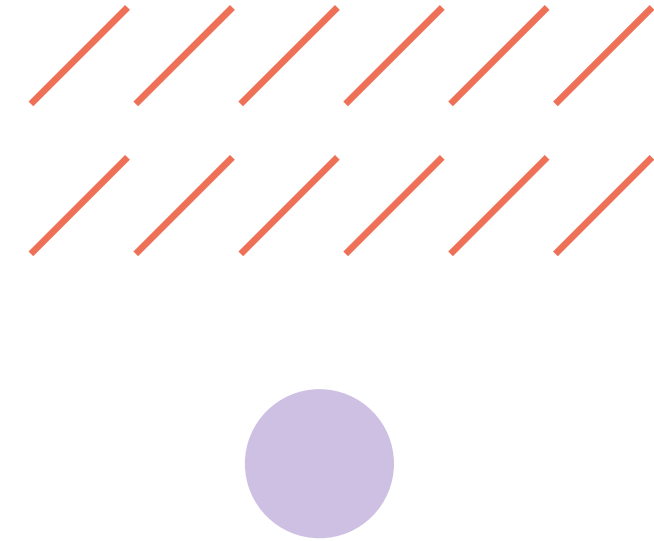




# ***Conditions of Reintegration & Effects of Institutionalization***



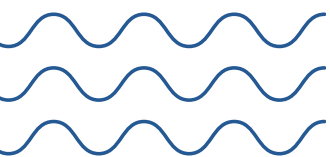
# Conditions of Reintegration



## Collateral Effects of Incarceration

*Impacts, that can make it more challenging to reintegrate, can include:*

- Losing ability to maintain housing
- Losing personal property, belongings
- Losing job, or business
- Losing access to children
- Loss/damage to personal relationships
- Exacerbated mental health difficulties



## Psychological Effects of Institutionalization

- Dependence on institutional structures
- Hyper-violence and hyper-vigilance
- Emotional flatness and repression
- Psychological distancing and
- social withdrawal
- Prison culture assimilation
- Internalized stigmatization
- Ongoing post-traumatic stress response
- Overwhelm and overstimulation

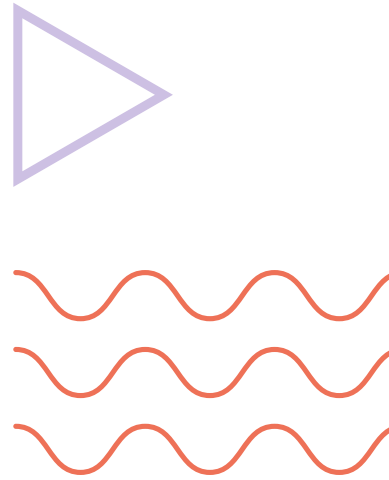




# ***How to Work With Young People (Post-Release)***



# Working w/ Young People (Post-Release)



## Immediate Needs

### *Support with:*

- Accessing release funds
- Collecting personal property
- Obtaining ID
- Attending appointments
- Securing housing, and buying furniture
- Buying clothes, hygiene products
- Decompressing their institutionalization and settling back into community, reintegrating into their family/home life

## Longer-Term Needs

### *Support with:*

- Continuing education
- Accessing employment training
- Securing employment
- Starting their own business
- Accessing mental health services
- Trauma-informed, family supports
- Accessing harm reduction services
- Longer term reintegration and stabilization support

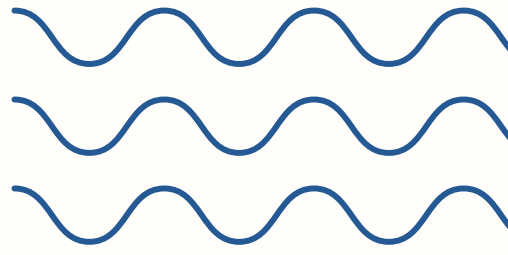




# ***Key Considerations to Service Delivery (Pre-Release Through Post-Release)***



# *Service Delivery (Inside & Out)*



## Key Considerations

*Do you have these in place to support young people who are and have been incarcerated?*

- Operational policies and processes
- Organizational capacity to deliver services
- Access to incarcerated populations; ways for them to work with you while incarcerated
- Ability to address any technological and transportation limitations
- Awareness of stigmatization, institutionalization, and power dynamics

## Key Models to Consider

- **Through care/Continuity of Care**
- **Integrated services**
- **Wraparound support**

### **The ideal situation:**

all client needs are addressed holistically,  
pre-release through post-release





## Service Delivery Framework

*You can use this framework to support you in developing and delivering your services for young people, with a goal of reducing service fragmentation.*

### AVAILABILITY

Are the services available?

### ACCESSIBILITY

Are the services accessible?

### RELEVANCE

Are the services relevant?

### AWARENESS

Are people aware of them?

### CONSISTENCY

Are the services consistent?

### CONTINUITY

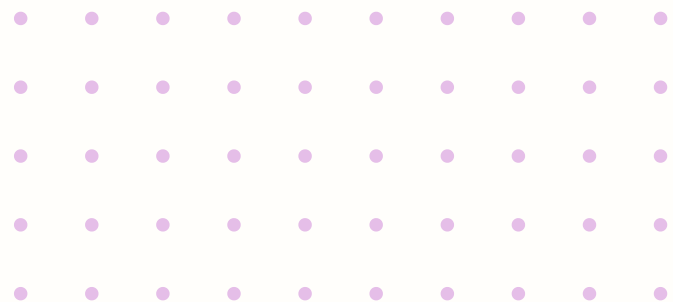
Are the services continuous?

### COORDINATION

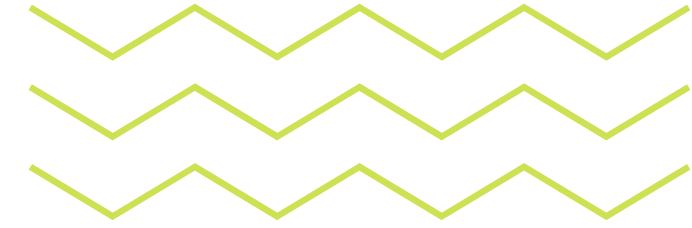
Are the services coordinated?

### INTEGRATION

Are the services integrated?







## Incarceration Scenarios

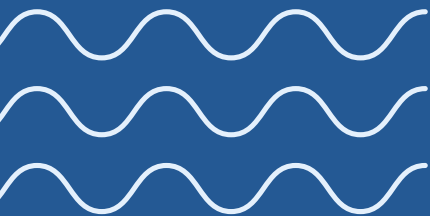
**Scenario 2:** Your client is released on time served, unexpectedly, from a jail outside of Toronto. What are the initial considerations, and steps you take to support their reintegration/transition?

**Scenario 1:** Your client was released on bail, and is subsequently re-arrested on a breach of their bail conditions. They've called you from the jail and told you they are required to present a solid new bail plan to present to the court. How do you support them?





# ***Justice Services & Resources for Youth***







# ***Extrajudicial Sanctions and Extrajudicial Measures***



# What are extrajudicial measures in Ontario?

What are extrajudicial measures? Under sections 4 to 12 of the Youth Criminal Justice Act (YCJA), extrajudicial measures are actions that police officers and Crown prosecutors may take against young persons, which provide a substitute for, or an alternative to, a formal trial.

[Extrajudicial Measures and Sanctions - FREE Legal Information](#)

## Toronto Neighbourhood Group Youth Justice Services

Provides both EJM and EJS programs for justice involved youth 12-18 years old

For information and referrals please  
contact:

**Michaela Allen**

[michaela.allen@tngcs.org](mailto:michaela.allen@tngcs.org)

647-336-8035



# What are extrajudicial sanctions in Ontario?

Sanctions can include activities such as restitution to victims, apologies, personal service, learning-based prevention programming specific to the offence, or charitable work to name a few. Upon successful completion of the sanction, the Crown Attorney is notified and the youth's charge is stayed by the Court.

[Extrajudicial Sanctions Program - John Howard Society of Ontario](#)

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647-336-8035



# What is the meaning of EJS in court?

Extrajudicial Measures (EJM) and Extrajudicial Sanctions (EJS) Programs. Extrajudicial Measures (EJM) or Sanctions (EJS) allow a youth to take responsibility for their offence while also providing education and support for the youth and their family to prevent further conflict with the law.

**Extrajudicial Measures and Extrajudicial Sanctions**

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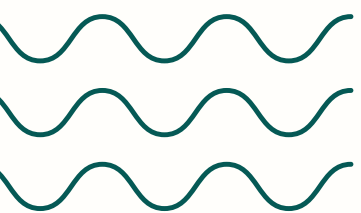
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# Restorative Justice Programs

Restorative Justice is a means to repair harm caused to people, relationships, and communities through collective participation in resolutions. Through this program, youth participants will be able to identify issues that cause harm, be exposed to strategies to cope, and manage conflicts, understand accountability, and actively participate in resolutions. Restorative Justice Programs bring a more holistic approach and focus to deeper resolution strategies such as education, community engagement, and enhancing youth spaces to mitigate violence that youth are facing in communities across Toronto.





# Restorative Justice Programs

## Learning Beyond Adversity (Jane and Finch)

For information and referrals please contact:

**Wayne Black** | [iba.strings@gmail.com](mailto:iba.strings@gmail.com)

## The Kickback Foundation (Scarborough)

For information and referrals please contact:

**Jamal Burger** | [jay@tierzero.ca](mailto:jay@tierzero.ca)

## Success Beyond Limits (Jane and Finch)

For information and referrals please contact:

**Tesfai Mengesha** | [t.mengesha@successbl.com](mailto:t.mengesha@successbl.com)

## ReDesign

For information and referrals please contact:

**Zohra Rahman** | [zoey.s.rahman@gmail.com](mailto:zoey.s.rahman@gmail.com)

**Gary Newman** | [ga.17.an@gmail.com](mailto:ga.17.an@gmail.com)

## Rainbow West

For information and referrals please contact:

**Neeli Grewal** | [NeeliG@yorktownfamilyservices.com](mailto:NeeliG@yorktownfamilyservices.com)

## Frontline Connections

For information and referrals please contact:

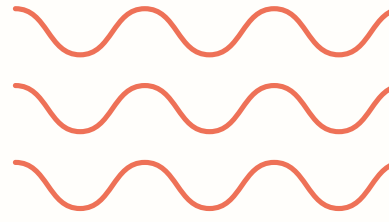
**Denise Collins** | [dncoll@yahoo.com](mailto:dncoll@yahoo.com)

**Laura Hammond** | [lhammond123@gmail.com](mailto:lhammond123@gmail.com)





# Reintegration Supports for Justice Involved Youth



## Amaduesz | Project Propser

Provides case management support for youth aged 18 to 29 with firearm possession related charges to create a support plan tailored to their needs and identifying any supports that could be accessed through programs and services offered by City of Toronto and community-based programs to access housing, education, employment, income, family support, legal support, health, mental health and mentorship.

### **For information and referrals please contact:**

Sheena Blake, Manager  
[sheena@amadeusz.ca](mailto:sheena@amadeusz.ca)  
647-450-0165 mobile  
416-251-0685 office

## Fernie Youth Services | Fernie | TYESS

Provides rehabilitative, community-based case management support for young people 18-29, that are in conflict with the law at all stages of the Criminal Justice System. Support youth to participate in planned activities and access to other community resources and to comply with the conditions of their Probation Orders while working collaboratively with Probation/Parole Officers.

### **For information and referrals please contact:**

Fareen Khimji, Manager of Community Services  
[fkhimji@fernienyouth.ca](mailto:fkhimji@fernienyouth.ca)  
416-357-8722 mobile



