



Getting ready for your Grade 7/8 School Vaccinations



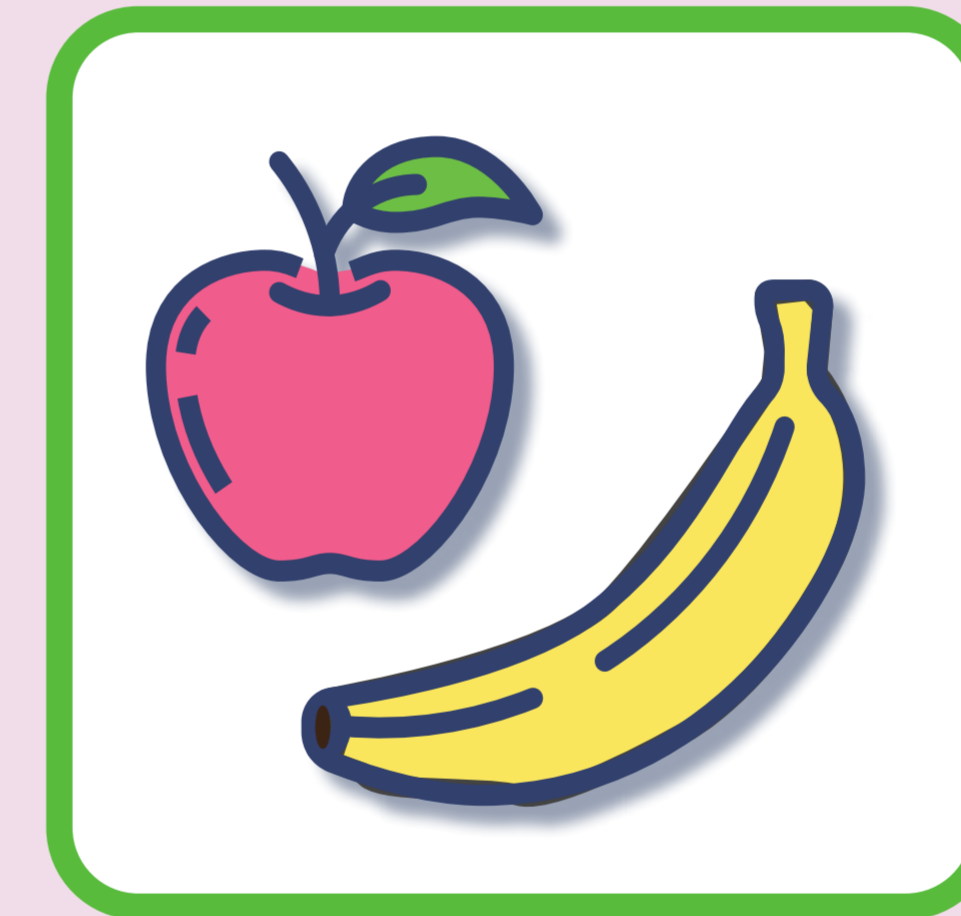
Parents complete,
sign & return
consent form
to school



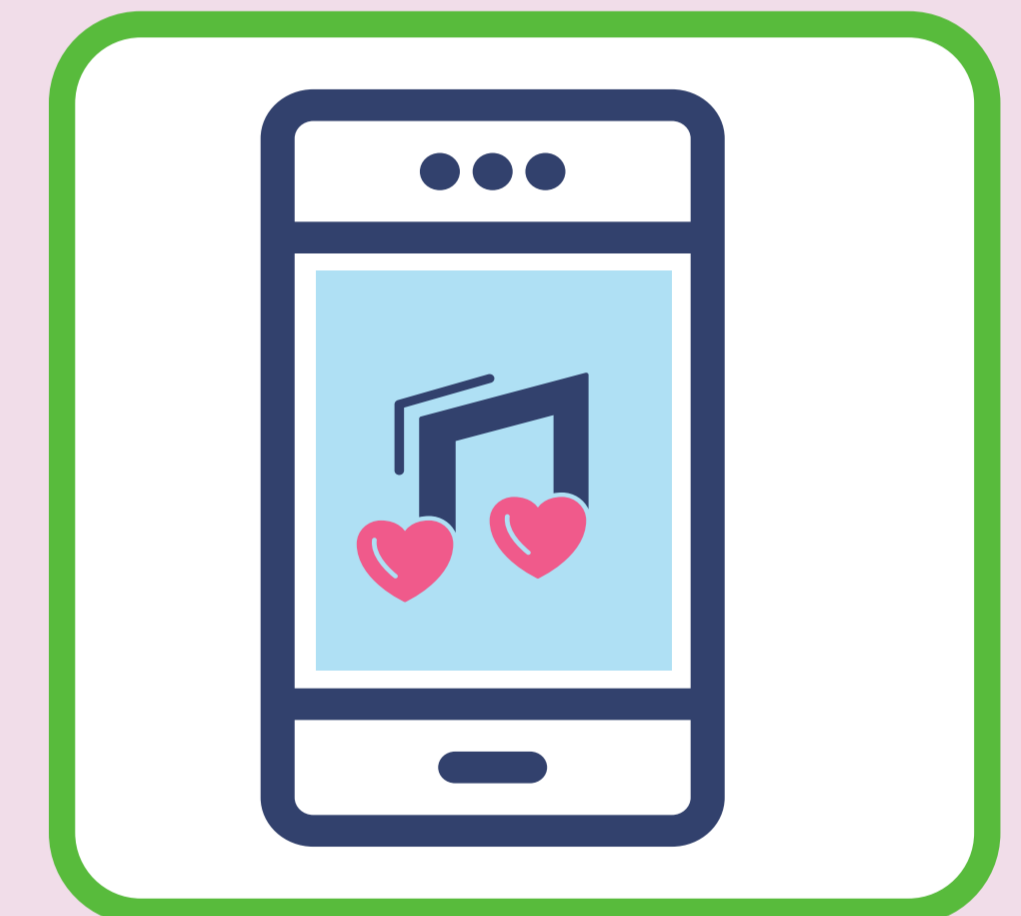
Bring a copy of the
student's yellow
immunization card
if available



Wear a loose fitting
or short sleeve
shirt



Eat something
before the clinic



Take deep breaths
to stay calm &
bring music to
distract yourself