4 STEPS FOR SELF-PROTECTION

We all have a role to play to help reduce respiratory virus spread and keep our city safe.

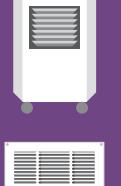


if you are sick

2. Watch your distance



3. Wear a high-quality, well-fitted mask







4. Stay in well ventilated indoor spaces, or outdoors

TORONTO Public Health

TORONTO.CA/RESPIRATORYVIRUSES