



Aesthetic Services– Infection Prevention and Control Practices

Providing Safe Waxing Services

- Use a single-use disposable applicator or stick to dispense the wax. After the applicator touches the client it must be thrown in the garbage. Do not use the applicator again to get more wax, even for the same client.
- Do not “double dip”. Put a small amount of wax into a small container. Use all the wax for one client and throw away the left over wax with the container.

Using a Metal Applicator

- Metal applicators can be reused as long as they never touch the client.
- You can use a metal applicator to apply wax onto a strip of material and then apply the material with the wax onto the client. This way, the metal applicator never touches the client and can be dipped back into the wax.
- The applicator must be cleaned and then immersed in a disinfectant, such as 70% isopropyl alcohol for 10 minutes, at the end of the day.

Using a Wax Roller

- Wax rollers that are applied directly on the skin can only be used on one client. Throw away any leftover wax with the cartridge and roller.
- Wax rollers applied onto a strip of material can be reused for more than one client.

Exposing and Removing Ingrown Hairs

- Use a single-use, pre-packaged, sterile needle to expose ingrown hairs. Discard needles into an approved sharps container immediately after use. Sharps containers cannot be discarded into regular garbage.
- If a tweezer is used to expose ingrown hairs and is in contact with non-intact skin, the tweezers must be cleaned and disinfected with a high-level disinfectant between clients.
- High level disinfectants (excluding chlorine bleach) must be approved by Health Canada on the Medical Devices Active License Listing (MDALL).
- Keep records for high level disinfectant use for at least three years with a minimum of one year (365 days) on site. Sample Disinfectant records are available.

Providing Safe Invasive Facials

- During an invasive facial an operator goes below the skin with an instrument. For example, the operator may use a needle or lancet.
- Always clean your hands before and after using gloves. New disposable gloves must be worn for each client.

- Use only pre-packaged, sterile and single-use needles.
- Needles should be removed from their packaging in view of the client and discarded immediately into an approved sharps container. The sharps container cannot be discarded into regular garbage.
- Never recap needles as this places you at risk for a needle stick injury.
- Any other instrument that contacts non-intact skin such as a loop extractor must be cleaned and disinfected with an high level disinfectant between clients.
- Comedone extractors with sharp ends are not allowed to be used.
- If a tweezer is used to expose ingrown hairs and is in contact with non-intact skin, it must be cleaned and disinfected using a high-level disinfectant between clients.

Providing Laser Hair Removal

- Any part of the instrument that comes into contact with the client's skin must be single-use OR must be cleaned and then disinfected between clients. Follow manufacturer's instructions.
- Reusable goggles must be cleaned and disinfected as per manufacturer's instructions after each use.
- Razors used for shaving must be pre-packaged, sterile and thrown away immediately after each client. Requirement for sterile removed.
- Razors must be thrown out into an approved sharps container. Sharp containers cannot be discarded with regular garbage.

Cleaning and Disinfecting Tanning Beds

- Tanning beds need to be cleaned and disinfected with a low level disinfectant between clients.
- Reusable goggles need to be cleaned and disinfected as per manufacturer's instructions after each use between clients.
- Avoid "double dipping" in lotions. Lotions must be dispensed in a way that prevents contaminating the rest of the lotion (e.g. use a pump or single-use wooden stick).

Record Keeping

- Record the client's name, address, telephone number, date and type of procedure, and the name of the person giving the service.
- Keep records of all sterile pre-packaged items purchased, client records, and accidental exposure records for three years with a minimum of one year (365 days) on site.

Questions/inquiries? Please contact BodySafe at BodySafe@toronto.ca or 416-338-BODY(2639).