

Cleaning and Disinfecting Instruments in Personal Service Settings

To ensure the disinfectant works properly, all instruments **must be cleaned** before disinfection. Where available, follow manufacturer instructions for use or the direction of the Public Health Inspector.

01

Pre-soak

Pre-soak used or dirty instruments in a container with lukewarm water. (Detergent optional)

Container must have a lid and be labelled “dirty pre-soak”.



02

Clean

Clean with warm water and detergent in a designated, approved sink using a small brush for hard-to-reach parts of the instruments.

Use utility gloves and ensure instruments are visible to avoid cutting your hand.



03

Rinse and Dry

Rinse with clean warm water for 30 seconds.

Dry before disinfection using a clean lint free cloth, soft absorbent towel or air dry in a sanitary manner.



04

Disinfect

Fully immerse instrument in an approved disinfectant for the appropriate contact time in a container with a lid.

The container must be labelled with the name of the disinfectant.

Keep records for high level disinfectants.



05

Store

Store instruments in a clean covered labelled “clean” container until use.

