

Talking about Bodies, Boundaries & Safety

Resources for Supporting Conversations with your Child

Books for Younger Children

- **The Bare Naked Book**
Kathy Stinson & Melissa Cho, 2021
- **What Makes a Baby?: A Story For Every Kind of Family and Every Kind of Kid**
Cory Silverberg, 2013
- **Mommy, Mama & Me / Daddy, Papa & Me**
Leslea Newman & Carol Thompson, 2009
- **A Princess of Great Daring**
Tobi Hill-Meyer, 2015
- **The Pronoun Book**
Chris Ayala-Kronos & Melita Tirado, 2022
- **The Uh-oh Feeling: A Story about Touch**
Kathryn Cole, 2016
- **Jacob's New Dress**
Sarah & Ian Hoffman, 2014
- **Yes! No! A First Conversation about Consent**
Megan Madison & Jessica Ralli, 2022
- **Still my Tessa**
Sylv Chiang, 2024

Books for Older Children

- **Sex is a Funny Word: A Book about Bodies, Feelings, and YOU**
Cory Silverberg, 2015
- **Wait, What?: A Comic Book Guide to Relationships, Bodies & Growing Up**
Heather Corinna, 2019

Books & Websites for Caregivers

- **Talk Sex Today**
Salema Noon & Meg Hickling, 2016
- **Teen Speak**
Jennifer Salerno, 2016
- toronto.ca/health/SexualHealth
- shorecentre.ca/parents
- amaze.org/jr
- teachingsexualhealth.ca/parents
- boostforkids.org
- actioncanadashr.org

All listed books are available at Toronto Public Library

Scan the QR code for more information
& resources for parents/caregivers

